

ISSUE NO.5/2020 - 1ST QTR

INDIAN RED CROSS SOCIETY, **PUNJAB STATE BRANCH, CHANDIGARH**

Quarterly Newsletter - January to March, 2020



SWAMI VIVEKANANDA JI (दुखी, दरिद्र और दलितों के मसीहा)

Statutory Meetings

- Managing Body meeting of Punjab Red Cross & its Allied Bodies held on 03.03.2020.
- Annual General Meeting held on 03.03.2020
- Finance Committee Meeting held on 17.03.2020

Main Activities & Celebrations

- A new Initiative by Punjab Red Cross: First Aid Training to Members of State BAR Association
- Sh. Avinash Rai Khanna attends inaugural function of First Aid Training to Members of BAR Association
- Celebration of 'Red Cross Volunteers Enrolment Day'
- Launched COVID-19 Campaign

Camps Held

- National Youth Exchange Programme: 7 day camp held at Amritsar
- 20 trainees participated un First Aid Lecturers' Training Camp
- SERV Scheme launched: Instructors Training Camp held
- 40 Volunteers trained under SERV Scheme.

About Projects

- 539 patients get benefitted under TB Project in Punjab
- Care & support to HIV patients in CSC Patiala.

Punjab Red Cross held its Managing Body Meeting under the Presidentship of Sh. V.P.S. Badnore, Governor, Punjab





Secretary, Hospital Welfare Section, Punjab passed.

The Managing Body Meeting of Punjab State Red Cross. The Divisional Commissioner of Red Cross Branch and its Allied Bodies was Patiala, Fatehgarh Sahib and........... , Deputy held under the Presidentship of Sh. V. P. Commissioners of all districts of Punjab and Singh Badnore, Hon'ble Governor of Punjab nominated members & social workers re-& President, Punjab State Red Cross Branch mained the members of said meeting. The on 03.03.2020 at Mahatma Gandhi State meeting was started with welcome address Institute of Public Administration, Sector - by Sh. C. S. Talwar, IAS (Retd.), State Secre-26, Chandigarh. Floral welcome of the tary, Punjab Red Cross. Thereafter all Hon'ble Governor of Punjab was done by agenda items of meeting were presented Dr. Avneet Kaur, Director Health Services, before the Managing Body with the permis-Punjab-cum-Vice Chairman, Punjab Red sion of Hon'ble Governor. All items were Cross and Mrs. Harbans Kaur, Honorary discussed in detail and resolutions were

Annual General Meeting of Punjab Red Cross & its Allied **Bodies held after Managing Body Meeting,**



After the Managing Body Meeting, the Annual General Meeting of Punjab State Red Cross Branch and its allied bodies was held in the auditorium of MGSIPA. Besides, the discussion on various agenda items of Punjab Red Cross and its Allied Bodies and resolutions passed on all the agenda item, Annual Report and Annual Accounts for the year 2017-18 & 2018-19 were also approved unanimously. The meeting was attended by all the members of Managing Body including - Commissioners, Deputy Commissioners, Vice-Chancellors of Universities like Chandigarh University, Lovely Professional University, Rayat & Bahra Uni., Social Workers and Awardees were attending the meeting.

Number persons and social workers who rendered their services for the cause of Red Cross were honored the by



Hon'ble Governor of Punjab-cum-President, Punjab State Red Cross Branch. It was a moment of pride for Punjab Red Cross as seven members from its personal staff were honored as Patron members of the State Branch. Sh. Vishal Jain, Managing Director, Shifally Interna-tional School, Ludhiana and Sh. Jagdish Mittal, IPS, DIG (Retd.), Sh. Deepak Kansal, MD Xeam Ventures Pvt. Ltd. were also honored as Patrons of the Punjab Red Cross. The Deputy Commissioners-cum-Presidents were honored with 1st, 2nd and 3rd positions in the field of First Aid Training, Blood donation camps, Fund raising etc for applaudable work in the field of Red Cross done in their respective Districts.

Finance Committee
Meeting of Punjab
Red Cross held
under the
chairmanship of Sh.
J.M.Bala Murghan
PSG

The Finance Committee meeting of Punjab Red State Cross Branch for the year 2020-21 was held on 17th March, 2020 under the Chairmanship of Sh. J. M. Bala Murghan, IAS, Principal Secretary to Governor of Punjab-cum-Chairman of Finance Committee of Punjab State Red Cross Branch., Chandigarh In this meeting, all agenda were discussed in detail and budget for the year 2020-21 and other items on agenda were approved unanimously.

A NEW INITIATIVE BY PUNJAB RED CROSS

First Aid Training to Members of State BAR Association

A very historic decision to get the members of State BAR Association trained in First Aid was mutually taken by Punjab State Red Cross Branch and BAR Association Punjab & Haryana High Court. By taking a decision to impart First Aid Training to all members of the BAR Association, the Puniab State has become the first State in the country to do so. The mission and the message will reach other BAR Associations at the State levels in the entire country and at District levels in Punjab State who will emulate this fine example set by BAR Association, Punjab & Haryana High Court under the Presidentship of Sh. Dayal Partap Singh Randhawa.

In this regard, a function was held on 29th January 2020 in the auditorium of Hon'ble High court Punjab & Haryana. The glamour and glory of the function was further increased with the presence of two Hon'ble Judges of Punjab & Haryana High Court namely; Hon'ble Justice Rajeev Sharma who was the Chief Guest and Justice H. S. Sidhu who attended the function as its Guest of Honor. Another feather in the gap was the presence of Hon'ble Speaker of Haryana Vidhan Sabha, Sh. Gian Chand Gupta Ji, who declared on the spot that he would get the entire staff of Haryana Vidhan Sabha also trained in First Aid Training. Sh. Avinash Rai Khanna, Vice-Chairman, IRCS, National Headquarters and Sh. C. S. Talwar, IAS (Retd.), Secretary, Punjab were also presented on the occaEarlier, the Punjab State Branch has also impart first aid training to the staff of Punjab Vidhan Sabha. The function was inaugurated with the gracious hands of Rana K. P. Singh, Hon'ble Speaker, Punjab Vidhan Sabha. These may appear small steps but these apparently small steps are very significant because when the important and elite sections of society like BAR Association take such decisions then its effect is bound to percolate to the masses at large. In this regard, the dedicated work was done by Sh. Rajiv Malhotra, Advocate, BAR Association due to whose efforts such decisions could be made possible.

A historical decision by the Elite section of the society of learned advocates. Can become a trend-setter because examples set by any elite section of Society often get emulated by other sections of the Society.



Sh. Avinash Rai Khanna attends inaugural function of First Aid Training to Members of BAR Association, Hon'ble High Court Punjab & Haryana

Sh. Avinash Rai Khanna, Vice Chairman, Indian Red Cross Society, NHQ, New Delhi attended the function held at BAR Association Punjab & Haryana High Court and expressed his view that with this novel & noble decision, BAR Association of Punjab & Haryana have emerged the first in India to impart such Training. Sh. Khanna Ji said that this step will surely inspirational for others and may be the beginning of a huge campaign ahead.



ORGANIZATION OF NATIONAL YOUTH EXCHANGE PROGRAMME: 7 DAY CAMP





National Youth Exchange Program was organized by Punjab State Red Cross Brach with the main objective of promoting Health Service, inculcating the spirit of National Integration and involving the youth in cleanliness campaign. The 7 days camp was organized at Bhavan's SL Public School, Amritsar from 27th Dec 2019 to 3rd Jan 2020. The Hon'ble Governor of Punjab and President, Punjab State Red Cross Branch, Sh. V. P. Singh Badnore sent his blessings for successful organization of this camp.



As many as 300 students including counselors from 11 States and 11 Districts of Punjab participated in the camp. The inaugural ceremony of the week long camp was held on 28th Dec 2019. S. Shivdular Singh Dhillon, IAS, Deputy Commissioner cum President, District Red Cross Branch, Amritsar was the Chief Guest. Rich tributes were paid to Sir Jean Henry Dunant, Bhai Ghanaiya Ji and Swami Vivekananda Ji by the Chief Guest.

The valedictory function in this regard was held on 3rd Jan 2020 which was attended by Sh. Avinash Rai Khanna, National Vice Chairman of IRCS, NHQs as Chief Guest who graced the occasion.

The Programme was marked by contests and competitions of written quiz, cultural dance, folk dance, group dance, patriotic folk



song competition & group songs, declamation contest, paper reading contest & poster making competition on Save Water and Save the Girl Child etc.





Through these competitions and cultural activities, the youth volunteers were encouraged to fight against the peer pressure and create awareness on various social issues. Free food & lodging facilities were provided to all the delegates during this camp. Daily yoga training was also a chapter of the camp. The volunteers were apprised about fit India, and Healthy India campaign of Prime Minister of India. During the camp, the volunteers were taken to the Golden Temple, Jalianwala Bagh and Wagha Border to apprise them about the moments of the history. A day of the camp was dedicated to Swacchh Bharat Abhivan in which the volunteers were taken to the nearest villages of Amritsar for Swachhata Abhiyan.

The volunteers were educated about First Aid through a lecture given by Sh. Kulwinder Singh, First Aid Trainer from the State Red Cross Branch.

Speaking on the occasion, the Chief Guest, Sh. Avinash Rai Khanna, National Vice Chairman of Indian Red Cross Society welcomed the youth volunteers, counsellors and other VIPs present on the occassion. While applauding the efforts of Punjab State Red Cross Branch for organizing this National Youth Exchange Programme, he said that the Red Cross volunteers are the backbone of Red Cross Society. He further said that on the very first day the volunteers who were unknown to each other were friends on the last day of the camp. Mr. Khanna also interacted with the volunteers to enquire about the new things which they had learnt from each other during the stay in the camp.

In his address, Sh. A. R. Khanna stressed upon the issues of Saving Water, electricity and need of accelerating blood donation campaign. Concluding his address, he said that he was grateful to the State Branch for providing him the opportunity to be the Chief Guest of the closing function. The Chairman of S.L. Public School, Sh. Avinash Mohendru also expressed his gratitude to Punjab Red Cross for giving him the honor of holding this camp in their campus. The Secretary, Puniab Red Cross also expressed his sincere thanks to the Chairman and School Management of Bhavan's S. L. public School for their kind cooperation and



support in successful organization of the camp. The awardees were honored with awards by Sh. Avinash Rai Khanna, VC, IRCS, NHQs, New Delhi.

Be like Vivekananda, Live for the Society: Avinash Rai Khanna

As per resolution passed by the National Managing Body of Indian Red Cross Society held on 29.03.2016 at New Delhi (Agenda item no. 35) and also the decision taken by the Managing Body of Punjab State Red Cross Branch in its meeting held on 14.06.2016 (Agenda item no.6), the 12th January being the birth anniversary of Swami Vivekananda is to be celement Day' by all the State/UT Red Cross Branches.

In the light of said decision, Punjab State Red Cross Branch of the Indian Red Cross Society celebrated the day in a befitting manner on 29.01.2020. A very significant and colorful function was organized in Chandigarh University, Gharuan in which 15 teams from 14 districts of Punjab State participated in the Quiz contest and Poster making competition.

Sh. Avinash Rai Khanna, National Vice Chairman of Indian Red Cross Society was the Chief Guest and Dr. R. S. Bawa, Vice-Chancellor, Chandigarh University presided over the function.

The celebration of the day started with hoisting of the Red Cross Flag and taking the oath on YRC .Dr. R. S. Bawa, Vice Chancellor, Chandigarh University, Sh. C. S. Talwar, IAS (Retd.), Secretary, Sh. Vishal Jain, Managing Director, Shiffaly International School, Ludhiana and officials from the State Red Cross were present there. The Chief Guest was greeted with the Floral welcome by the Secretary, Punjab State Red Cross Branch. Tributes to the great Indian Hero or National Youth Icon (Swami Vivekananda J were paid. The Chief Guest enlightened the lamp and paid his obeisance to Swami Vivekananda Ji.

The volunteers from Shaifali International School, Ludhiana, Punjab gave their presentation dedicated to Swami Viveka-



brated as 'Red Cross Volunteer Enrol- nanda Ji, on patriotic songs like- Na Sar Jhuka Ke Jiyo Na Mooh Chhipa Ke Jio, Awaz do hum Ek hai' etc. These performances were highly appreciated and applauded by the audience. Big round of the Clapping by the audience at the end of the presentation brought cheers a to the event organizers. The volunteer namely, Vedant from Shaifali International School who played the role of Swami Vivekananda Ji in this presentation was also highly appreciated. A volunteer melodiously presented a patriotic song; Ae mere Vatan ke logo. Another student presented very attractive classical dance. A special Punjabi folk dance was also presented by the student volunteers of Chandigarh University which was also highly appreciated by the audience.





POSTER MAKING COMPE-**TITION & OUIZ CONTEST** HELD AT C.U.

As per directions of the Indian Red Cross Society, National Headquarters, Punjab State Red Branch held quiz contest and Poster Making competition in connection with celebration of Centenary Celebrations of Red Cross. The topics for these competitions include Red Cross, Bhai Ghanaiya Ji, Swami Vivekananda Ji, Save Water etc..









WRITTEN QUIZ COMPETITION



Punjab Red Cross at the Service of Pilgrims of Maghi Mela at Sri Muktsar Sahib and Holla Mohalla at Sri Anandpur Sahib



Maghi is the occasion when the Sikhs commemorate the sacrifice of forty Sikhs, who fought for Guru Gobind Singh Ji. Maghi, Makara Sankranti, the first day of the month of Magh.. For Sikh community, Maghi means primarily the festival at Muktsar, a district In order to provide services to the visiting town of the Punjab, in commemoration of the heroic fight of the Chali Mukte, literally, the Forty Liberated Ones, who laid down their lives warding off an attack by an imperial army marching in pursuit of Guru Gobind Singh Ji on December 29, 1705 near a pool of water, Khidrane di Dhab. The bodies were cremated on the following day. The first of Magh (name of the festival), now falls usually on 13th of January.

On the eve of Maghi, huge number of pilgrims assemble and take a holy dip in the holy waters of 'Sarovar'. They also pay their obeisance by visiting different shrines.

ROLE OF RED CROSS

In an another important meeting of Secretaries of District Red Cross Branches held hospital for emergency treatment during

during the year 2018 under the Chairman- the mela period from 13th to 14th January, ship of Shri C. S. Talwar, IAS (Retd.), Secre- 2020. tary, Punjab State Red Cross Branch, it was decided that the State Branch in collaboration with all the District Red Cross Branches will provide services to the visiting pilgrims during the period of the Melas, by setting up of First Aid Posts in collaboration with District Administration, Health Department and District Red Cross Branches in their respective areas, where such melas are organized.

RED CROSS AT SERVICE OF PILGRIMS

pilgrims, Punjab State Red Cross Branch in collaboration with District Administration, District Health Department and District Red Cross Branch, Sri Muktsar Sahib, Fazilka & Ferozepur organized Social Service Camp by the way of establishing First Aid Posts in the Mela area and also deputed Ambulance vans to transport the injured and sick quickly to the nearest health centres. Various District Branches like - Sri Muktsar Sahib, Fazilka & Ferozepur. On these posts, Red Cross staff alongwith a team of 32 Red Cross volunteers provided day & night services to the visiting pilgrims. The medicines were provided by State as well as District Red Cross Branches free of cost. Thousands of pilgrims were examined and provided medicines at these First Aid Posts and many were taken to

Three(3) Day Social Service Camp at Holla Mohalla from 8th to 10th March 2020

On the eve of Holla Mohalla generally held in the month of March, lakhs of pilgrims assemble at Sri Anandpur Sahib (Punjab). In order to provide services to the visiting pilgrimages, Punjab State Red Cross Branch in collaboration with District Administration, District Health Department and District Red Cross Branches of Amritsar, Faridkot, Hoshiarpur, Jalandhar, Kapurthala, Ludhiana, Mohali, Patiala, Ropar & Taran Tarn organized a three day social service camp by setting up of 18 First Aid Posts in the mela area. On these posts, Red Cross staff alongwith team of 200 Red Cross volunteers provided day night services to the visiting pilgrimages. Punjab State Red Cross provided medicines free of cost to the pilgrims, who came to First Aid Posts set up by the Red Cross for seeking help. As many as 87,050 persons were examined and provided medicines free of cost during the period of the Holla Mohalla from 8th to 10th March, 2020 at these First Aid Posts. Besides this 21 injured persons were transported to the local Hospital and 12 lost children were helped to reunite with their par-

Care & support to HIV patients

A care & support centre is working at Saket Hospital, Patiala by the Punjab State Red Cross Branch, Chandigarh for the patients living with HIV/AIDS. This project is being sponsored by Hindustan Latex Family Planning Promotion Trust, Noida. Sarbat Da Bhala, charitable Trust is providing their assistance in holding monthly camps for PLHIV. The activities held under the project are as under: -

- 1. Psychosocial support to people living with HIV/AIDS
- 2. Families provided voluntary counselling & testing services
- 3. No. of families provided Economical and Govt Social Welfare
- 4. Group awareness meetings held in the community on HIV
- 5. Flu Clients are tacked and put back to ART
- 6. New clients are registered at CSC.

539 TB patients provided care & support, health education and counselling by Punjab Red Cross

The TB Project is being implemented suc- gain of body weight. cessfully by Punjab State Red Cross Earlier till May 2019, we were providing Branch in district Amritsar and Jalandhar small nutrition care in kind (egg, milk, since 2009, with the support by Indian chana, nutri, bread etc to the patients who Red Cross Society, National Headquarters were enrolled under this project alongand Irish Red Cross Society. Under this with other services i.e. counseling and Project we have been providing treatment education to TB patients and their famito the poor, illiterate and vulnerable TB lies. But this activity has been stopped as Patients living in slum areas through Red per directions of the National Headquar-Cross & the Project volunteers. The State ters because the Health Department is Branch has been achieving more than 100% targets since many years. Due to the outstanding performance, the Punjab State To create awareness by conducting group has been declared as the "Best Performing meetings, mohalla meetings, arranging State" in the report of National Headquarters and sanctioned a prestigious TB Project for Punjab only in the year 2015. Under this project, the services are being important activity of the project. provided through 15-20 Red Cross volun-

Punjab Red Cross is providing support in treatment of 400 TB patients every year. So far Punjab State Red Cross Branch has helped in treatment of 2500 TB patients by providing counselling, nutrition care and nutrition education etc.

This is pertinent to mention here that from Aug-2019 to 31st March-2020, we have enrolled 539 TB patients for treatment through volunteers which is 135% of the target fixed by the IRCS, NHQs. The Red Cross volunteers are provided light weight portable weighing machines through which they took the weight of each TB patient during their home visits in order to monitor their health status and

giving Rs.500/- to each TB patients under DBT Scheme (Direct Benefit Transfer).

nukkad nataks etc to spread the correct information on TB to the masses especially in the vulnerable community is also an





Punjab Red Cross organized one week camp to create more Lay Lecturers in First Aid

In order to train more lay Lecturers, Punjab State Red Cross Branch and St. John Ambulance Association of Punjab State Centre organized a five day camp for First Aid Lecturers' Training from 12th to 16th March 2020. 20 persons participated in this camp. Some participants were qualified as full-fledged Lecturers after attending this training successfully, some of them were there for renewal of their Lecturers' license and others improved upon previous qualifications.





Punjab Red Cross launched SOCIAL EMERGENCY RESPONSE VOLUNTEERS (SERV) Scheme

The SOCIAL EMERGENCY RESPONSE VOL-UNTEERS (SERV) Scheme has been launched in two Districts of Punjab namely; Gurdaspur and Fazilka as well as at State Headquarters. In this regard, the Punjab State Red Cross Branch organized a camp from 12th to 14th March-2020 at Punjab Red Cross Bhawan, Chandigarh in which 40 volunteers were trained. Similarly, 40 volunteers in each district were also trained.

VOLUNTEER TRAINING CAMP **UNDER SERV SCHEM** " MARCH, 2020 TO 14" MARCH, 2020 D BY: INDIAN RED CROSS SOCIETY, NEW DELHI



18 Instructors trained under SERV Scheme

Punjab Red Cross conducted a 7 days camp for Instructors training under SERV Scheme. 22 persons participated in the camp, out of them 18 qualified as Instructors. An inspection team consisting of three members from New Delhi interacted with participants and examined their skills. These qualify.ed instructors will further impart training to the volunteers registered under SERV Scheme in the Districts.

INSTRUCTOR TRAINING CAMP **UNDER SERV SCHEME** 5" FEBRUARY, 2020 TO 12" FEBRUARY, 2020 BHAWAN, SECTOR-16-A. ORG: PUNJAB STATE RED CROSS BRANCH



PUNJAB RED CROSS LAUNCHED AWARENESS CAMPAIGN ON CORONA VIRUS

As desired by the Hon'ble Governor of Punjab - First Aid trainees and Patient Care Attendants cum-President, Punjab Red Cross, the State and students of Computer Training Centres at Branch has launched a vigorous campaign re- Chandigarh & Patiala were educated on COVIDgarding spreading awareness about deadly Coro- 19 through lectures and Powerpoint presentana Virus. The message of Hon'ble Governor was tions. Flex Banners with messages on Corona viconveyed to all the Deputy Commissioners-cum- rus were displayed at important places like en-President, District Red Cross Branches and Societrance of Red Cross Bhawan, near rose garden, ties. The campaign was started by all the District bus stand etc. Red Cross Societies and Project Directors and Coordinators of Punjab State Red Cross Branch accordingly.

level are as under: -

- Awareness in schools
- Involvement of local NGOs, Child Development and Protection Officer etc.
- Involvement of Panchayat Officers to aware In regard, District Red Cross Branches also came all the Sarpanches through DDPOs and BDPOs.
- Publicity through Pamphlets / Flex banners / social media etc.

Like District Branches, the State Red Cross Branch has also started its activities regarding awareness on COVID19. Nukkar Nataks on Corona Virus was staged on 09.03.2020 near Rose Garden, Sector 16, Chandigarh which was attended by about 150 persons including First Aid trainees, PRC staff members, staff of Haryana Red Cross and State Information Commission office etc. Pamphlets were distributed to the people visiting Red Cross Bhawan either Red Cross office or office of State Information Commission.

It is worth to mention here that the TB patients enrolled under our TB Project were specially cautioned about Corona Virus because they have low Some special features of the campaign at District immunity system and may catch the disease easily. They were provided special education and awareness about COVID-19. Some needy patients were provided dry ration kits by the Red Cross volunteers out of their own contribution during lockdown period.

> forward to help the needy in lockdown from 24th March, 2020 onwards. Red Cross ambulances of the District Branches are placed at the disposal of District Administration to transport the needy/ sick people. Free food packets and dry ration kits were distributed to needy section through Red Cross volunteers by the District Red Cross Branches.





ACTIVITIES HELD AT DISTRICT LEVEL DURING LOCKDOWN DUE TO COVID-19













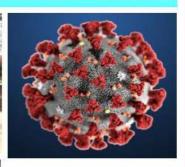












CORONA VIRUS (COVID-19)

Punjab State Red Cross Branch alongwith its 22 District Branches is at the service of humanity at this critical juncture when the deadly disease of Corona Virus has shaken the whole world. During this hour of crisis, our District Branches are doing every possible effort to reach the needy people and sort out their problems regarding food, ration or hospitals etc. The Red Cross volunteers are working day & night to serve the society and they are also educating people about COVID 19, keeping social distancing, regular hand washing and use of mask etc. In this regard, some local NGOs have been associated with Red Cross at District Level. Blood donation camps were held with the support of these local NGOs in the Districts.

IN THE MEDIA

ਖ਼ੁਨਦਾਨੀਆਂ ਤੇ ਬਲੱਡ ਬੈਂਕ ਸਟਾਫ ਦਾ ਕੀਤਾ ਸਨਮਾਨ

ਬਹੁਤ ਕਰ ਜਨ ਚਾਰ ਦੇ, ਬਹੁਤ ਰਾਪਤਾਲ ਦੇ ਬਸੇਤ ਕਿੰਦ ਵਿੱਚ ਤੋਂ ਕਾਸ ਸੁਸਾਲਿਟੀ ਦੀ ਪੁਰਦਾਅਤੇ ਸਮਿੰਗਜ਼ ਨਾਲ ਲੁਆਈਟਰ ਵੱਲੇਕਾਮਰ ਸ਼ਾਇਤੋਂ ਦੇ ਕਲੇਟੀਅਰਾ ਨੇ ਜਿਥੇ ਮੁਨਦਾਨ ਕੀਤਾ, ਉਥੇ ਇਨ੍ਹਾਂ ਮੁਨਦਾਨੀਆਂ ਅਤੇ ਬਲੇਡ ਕੜੀਆਂ ਦਾ ਹਾਰ ਅਤੇ ਸਮਾਨ ਦੀ ਕੰਤਾ ਗਿਆ। ਬਲੇਡ ਬੈਂਕ ਦੀ ਕਾਲ 'ਤੇ ਮਿਲਲੇ ਇਕ ਕਰਤੇ ਦੇਵਾ ਯੂਨਾਈਟਰ ਲੇਬਲੰਅਨ ਸ਼ੁਸਾਇਤਦੇ ਦੇ ਕਲੇਟੀਅਰਾ ਨੇ ਲੋੜ ਮੁਤਾਬਲ ਨਹਾ ਸੁਹਿਟਾ ਸ਼ੁਲ ਦਾ ਕਲਵਾਇਆ ਹੈ। ਅੱਜ ਵਿੱਚ ਦੇ ਮੁਨਦਾਨੀਆਂ ਨੇ ਇਕ ਵਿੱਚ ਕਰ ਕੇ ਬਲੇਡ ਬੈਂਕ ਵਿੱਚ ਮੁਲਦਾਨ ਕੀਤਾ।



ਖ਼ਨਦਾਨ ਕਰਨ ਸਮੇਂ ਸਸਾਇਟੀ ਦੇ ਵਲੰਟੀਅਰ।

ਪੁਲਿਸ ਵਿਤਾਗ ਦੇ ਸ਼ੁੱਬ ਸਕਿਓਆਇਡ ਵਿਭਾਗੀ ਡਿਊਟੀਨਿਡਾਉਟ ਦੇ ਨਲ-ਨਾਲ ਕਿਹਾ ਕਿ ਇਹ ਵੀ ਸਾਡਾ ਇਕ ਇਨਸਾਨੀ ਦੇ ਏਐੱਸਆਈ ਰਵੀਂ ਸ਼ੁਰਮਾ ਨੇ ਆਪਣੀ ਮਹੀਂਦਾ ਲਈ ਖ਼ੂਨਵਾਨ ਵੀ ਕੀਤਾ। ਉਨ੍ਹਾਂ ਫਰਜ਼ ਹੈ। ਹਿਨ੍ਹਾਂ ਤੋਂ ਇਲਾਵਾ ਸੰਸਥਾ ਦੇ

ਅਤ ਜਸਵਿਦਰ ਸਿਘ ਨੇ ਵੀ ਆਪਣ ਨੇ ਕੀਤਾ । ਹੈੱਡ ਕਰਾਸ ਸੁਸਾਇਟੀ ਦੇ ਏਡ ਟ੍ਰੇਨਜ ਨਰੇਸ਼ ਪਣਾਣੀਆਂ ਅਤੇ ਬਾਨੀ ਵਿਖੇ ਭਟ ਨੇ ਬਲੇਡ ਸ਼ੈਕ ਵਿਖੇ

ਦਿਤੀ ਜਾ ਰਹੀ ਡਿਊਟੀ ਲਈ ਉਨ੍ਹਾਂ ਦਾ ਵੀ ਸਨਮਾਨ ਕੀਤਾ।

गरीबों को राशन बांटने के लिए डी सी. को भेंट किए 50 हजार

जगतपुरा निवासी इंजी. रविन्द्र अग्रवाल व जमना दास की प्रशंसनीय पहल

होशियारपुर, 30 मार्च (जैन): कोरोना वायरस के दृष्टिगत शहर में लगाए गए कफ्यं के दौरान गरीब परिवारों को जिला रैडक्रॉस सोसायटी द्वारा बांटे जा रहे राशन व अन्य आवश्यक सामग्री में योगदान देने के लिए जगतपुरा निवासी रिटा. एक्सियन इंजी रविन्द अग्रवाल व जमना टाम पोवर ने डी.सी.-कम-चेयरपर्सन जिला रैडक्रॉस . सोसायटी अपनीत रियात को आज उनके कार्यालय में 50 हजार रुपए का चैक सौंपा।

इस मौके जिला रैडक्रॉस सचिव नरेश गप्ता भी मौजद थे। डी.सी. अपनीत रियात ने सहयोग के लिए दोनों समाज सेवियों का आभार व्यक्त किया। उन्होंने कहा कि दानी सञ्जनों के सहयोग से जिला रैडक्रॉस सोसायटी अपने सेवा कार्यों के प्रोजैक्ट चला



डी.सी. अपनीत रियात को 50 हजार रुपए का चैक भेंट करते इंजी. रविन्द्र अग्रवाल व जमना दास ग्रोवर, साथ हैं जिला रेंडक्रॉस सचिव नरेश गुप्ता।

रही है। यह धन राशि कफ्यूं के दौरान बांटी जा रही सामग्री में इस्तेमाल होगी। गौरतलब है कि इंजी. राजिन्द्र अग्रवाल व जमना दास ग्रोवर पिछले लंबे अर्से से समाज के जरूरतमंद वर्ग के लिए सेवा कार्य कर रहे हैं। जरूरतमंद परिवारों की लड़कियों की शादियों व जरूरतमंद लोगों की सहायत के लिए वे सदैव तत्पर रहते हैं।

ਜ਼ਿਲ੍ਹਾ ਰੈੱਡ ਕਰਾਸ ਸੋਸਾਇਟੀ ਦੇ ਸਹਿਯੋਗ ਨਾਲ ਵਿਸ਼ੇਸ਼ ਖੂਨਦਾਨ ਕੈਂਪ ਦਾ ਆਯੋਜਨ



ਤਰਨਤਾਰਨ, 🛨 ਅਪ੍ਰੈਲ (ਕੁਲਜੀਤ)-ਕਰੋਨਾ ਵਾਇਰਸ ਦੇ ਚੱਲਦੇ ਜ਼ਿਲ੍ਹੇ ਵਿੱਚ ਨਗਾਏ ਗਏ ਕਰਫ਼ਿਊ ਦੇ ਮੱਦੇਨਜ਼ਰ ਸਿਵਲ ਹਸਪਤਾਲ ਤਰਨ ਤਾਰਨ ਵਿੱਚ ਬਣੇ ਬਲੱਡ ਬੈਂਕ ਵਿੱਚ ਖੁਨ ਦੇ ਲੋੜੀਂਦੇ ਯੂਨਿਟਾਂ ਦੀ ਪੂਰਤੀ ਲਈ ਅੱਜ ਜ਼ਿਲ੍ਹਾ ਰੈਂਡ ਕਰਾਸ ਸੋਸਾਇਟੀ ਦੇ ਸਹਿਯੋਗ ਨਾਲ ਵਿਸ਼ੇਸ਼ ਖੂਨਦਾਨ ਕੈਂਪ ਦਾ ਆਯੋਜਨ ਕੀਤਾ ਗਿਆ। ਇਸ ਮੌਕੇ

ਡਿਪਟੀ ਕਮਿਸ਼ਨਰ ਤਰਨ ਤਾਰਨ ਪਰਦੀਪ ਕੁਮਾਰ ਸੰਭਰਵਾਲ ਖੁਨਦਾਨ ਕਰਨ ਵਾਲੇ ਵਲੰਟੀਅਰਾਂ ਦਾ ਹੌਂਸਲਾ ਅਫ਼ਜਾਈ ਕਰਨ ਲਈ ਵਿਸ਼ੇਸ਼ ਤੌਰ 'ਤੇ ਪਹੁੰਚੇ। ਇਸ ਮੌਕੇ ਸਿਵਲ ਸਰਜਨ ਤਰਨ ਤਾਰਨ ਡਾ. ਅਨੂਪ ਕੁਮਾਰ ਅਤੇ ਸੈਕਟਰੀ ਰੈੱਡ ਕਰਾਸ ਸੋਸਾਇਟੀ ਸ੍ਰੀ ਟੀ. ਐੱਸ. ਰਾਜਾ ਤੋਂ ਇਲਾਵਾ ਹੋਰ ਅਧਿਕਾਰੀ ਵੀ ਹਾਜ਼ਰ ਸਨ। ਇਸ ਮੌਕੇ

ਡਿਪਟੀ ਨੇ ਦੱਸਿਆ ਕਿ ਅੱਜ ਦੇ ਇਸ ਖੁਨਦਾਨ ਕੈਂਪ ਵਿੱਚ ਅੰਤਰਰਾਸ਼ਟਰੀ ਕੱਬਡੀ ਖਿਡਾਰੀਆਂ ਵੱਲੋਂ ਖਨਦਾਨ ਕੀਤਾ ਗਿਆ। ਉਹਨਾਂ ਦੱਸਿਆ ਕਿ ਇਹ ਖੁਨਦਾਨ ਕੈਂਪ ਰੋਜ਼ਾਨਾ ਲਗਾਇਆ ਜਾਵੇਗਾ ਅਤੇ ਹਫ਼ਤੇ ਵਿੱਚ ਜ਼ਿਲ੍ਹਾ ਰੈੱਡ ਕਰਾਸ ਸੋਸਾਇਟੀ ਵੱਲੋਂ ੫੦ ਯੂਨਿਟ ਦਾ ਯੋਗਦਾਨ ਪਾਇਆ ਜਾਵੇਗਾ["]। ਉਹਨਾ ਦੱਸਿਆ ਕਿ ਇਸ ਤੋਂ ਇਲਾਵਾ ਪੱਟੀ ਵਿੱਚ ਵੀ ਰੋਜ਼ਾਨਾ ਖੁਨਦਾਨ ਕੈਂਪ ਸ਼ੁਰੂ ਕੀਤਾ ਗਿਆ ਹੈ, ਜਿਸ ਵਿੱਚ ਲੱਗਭੱਰ t ਤੋਂ ੧੦ ਨੌਜਵਾਨਾਂ ਵੱਲੋਂ ਖੁਨਦਾਨ ਕੀਤਾ ਜਾ ਰਿਹਾ ਹੈ। ਉਹਨਾਂ ਕਿ ਅੱਜ ਦੇ ਕੈਂਪ ਵਿੱਚ ਖੁਨਦਾਨ ਕਰਨ ਵਾਲਾ ਨੌਜਵਾਨ ਗੁਰਮੁੱਖ ਸਿੰਘ ੧੧ਵੀਂ ਵਾਰ ਖੂਨਦਾਨ ਕਰ ਰਿਹਾ ਹੈ, ਜਿਸ ਨੂੰ ਜ਼ਿਲ੍ਹਾ ਪ੍ਰਸ਼ਾਸਨ ਵੱਲੋਂ ਵਿਸ਼ੇਸ਼ ਤੌਰ 'ਤੇ ਸਨਮਾਨਿਤ ਕੀਤਾ ਜਾਵੇਗਾ। ਉਹਨਾਂ ਕਿਹਾ ਕਿ ਖੁਨਦਾਨ ਇੱਕ ਮਹਾਂਦਾਨ ਹੈ ਅਤੇ ਖੁਨਦਾਨ ਕਰਕੇ ਅਸੀਂ ਕਿਸੇ ਨੂੰ ਨਵਾਂ ਜੀਵਨ ਦੇ ਸਕਦੇ ਹਾਂ।



ਸਲੱਮ ਏਰੀਆ ਰਾਮਨਗਰ ਵਿਖੇ ਰਹਿੰਦੇ ਲੋੜਵੰਦ ਲੋਕਾਂ ਨੂੰ ਰਾਸ਼ਨ ਵੰਡਦੇ ਹੋਏ ਹੋਟਲ ਆਰ.ਕੇ ਰੀਜੈਂਸੀ ਦੇ ਐੱਮ.ਡੀ. ਰੋਮੇਸ਼ ਮਹਾਜਨ। ਰਸਵੀਰ : ਨਰਿੰਦਰ ਮੋਹਟ

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रैडक्रास के लिए स्नेहलता सुद ने दिया १ लाख का अनुदान

5 हजार मास्क भी दिए होशियारपुर, 5 अप्रैल जैन): कोरोना वायरस के प्रकोप के दृष्टिगत शहर में लगे कफ्यें के दौरान जरूरतमंद परिवारों को जिला रैडक्रास सोसायटी द्वारा डी.सी. कम चेयरपर्यंत अपनीत रियात को योग्य मार्गदर्शन में राशन व अन्य सहायता

प्रदान की जा रही है। इसी यज्ञ में आहुति डालते हुए माल रोड निवासी स्नेहलता सूद मालिक सूद मैडीसन ट्रेडर्ज ने जिला रैडक्रांस सचिव नरेश गुप्ता को 1 लाख रुपए की अनुदान राशि भेंट की।

इस मौके उनके बेटे अनुज सुद ट्रेनर आर्ट आफ लिविंग भी उनके साथ थे। सूद के बेटे सोमांशु सूद डायरैक्टर गोल्ड जिम ने इस मौके



जिला रैंडक्रास सचिव नरेश गुप्ता को 1 लाख की अनुदान राशि भेंट करते स्नेहलता सूद, साथ हैं अनुज सूद व सोमांशु सूद।

> 5 हजार फेस मास्क भी भेंट किए। स्नेहलता सृद ने रैडक्रास सोसायटी द्वारा किए जा रहे परोपकारी कार्यों की सराहना भी की। जिला रैडक्रास सचिव नरेश गुप्ता ने सहयोग के लिए सुद परिवार का आभार व्यक्त किया। उन्होंने कहा कि दानी सज्जनों के सहयोग से ही रैंडक्रास द्वारा सेवा कार्य किए जा रहे हैं।

BRIGHT

रोना वायरस से बचाव संबंधी

बर्दिस । रेसकॉम मोमायरी की और में म्शानिय रेडक्रॉस भवन में कोरोना वायरस से बचाव संबंधी एक जागरूकता कैंप आयोजित किया गया। जिसमें संस्था के साथ जुड़े डा आरएन महेशवरी ओर रैडक्रॉस के फर्स्ट एड मास्टर ट्रेनर नरेश पठानिया ने कोरोना वायरस फैलने के कारणों, चित्र और लक्षणों और इससे बचाव संबंधी सावधानियों के बारे में जानकारी दी।

डा आरएन महेशवरी ने कहा कि नाबोल कोराना डिसीज एक विषाण के कारण होता है जो कि साँस के द्वारा एक प्रभावित व्यक्ति से दसरे व्यक्ति में फैलता है। उन्होंने बताया कि इस के लक्षणों में बुखार, खाँसी और जुकाम, खेंके या साँस लेने में तकलीफ हो सकती है।

इससे बचने के लिए संक्रमित मरीज के साध हाथ मिलाना, गले मिलना या किसी तरह का की जरूरत है।



करने शारीरिक बाद हाथों को अच्छी तरह धोना चहिए। अपने

शारीरिक संपर्क नहीं करना चाहिए। बिना उन्होंने बताया कि बचाव के लिए छोंकने या आप को, अपने परिवार व समाज को कोरोजा से डाकटरी जांच से दवा नहीं लेनी चाहिए। फर्स्ट खाँसते समय मुँह ढक कर रखना चाहिए। बचाने के लिए निजी साफ सफाई संबंधी नियमों एड ट्रेनर न्रेश पठानिया ने नौजवानों से अपील हाथ मि्लाने से परहेज करना चाहिए। प्रभावित की पालना करें व बचाव संबंधी जनकारी दूसरे की कि कोरोना वायरस से डरने की नहीं इस व्यक्तियों से एक मीटर की दूरी बनाकर रखनी, लोगों तक भी पहुंचाए।

IN THE MEDIA

क्वारंटाइन किए लोगों को तीन वक्त का खाना दे रही रेडक्रॉस सोसायटी

जन कल्याण के कार्यों में दिन-रात कर रही एक, मदद के लिए समाजसेवकों ने बढ़ाया हाथ, दे चुके 14 लाख का अनुदान

जीरम शर्म = होरिसासुर

कोरोना की आपदा में कई संस्वाएं हुई हैं। वहीं रेडक्रॉस भी इस कदम में प्रोड़े क्यों हैं।

रेडक्रॉस सोसावटी के संचिव नरेश प्ता ने बताया कि रेडक्रॉस इन दिनों ते महेज क्यारंटाइन किए गए हैं या फिर जो पीजिटिव पाए गए हैं जनें अपने स्तर पर पौष्टिक अहार उपलब्ध करवा रही हैं। अभी तक यह बात सामने आई हैं कि करेरोना से केवल वहीं मरीज स्वस्थ हो खें हैं जिनको इम्बुनिटी अच्छो है और

अच्छी इम्युनिटी के लिए पौष्टिक अच्छा इन्युनिट के लिए पास्टक अहार के जरूरत ब्रह्म अधिकही इन मंद्रेजों के लिए तीन टाइम क खाना जॉकि पूर्व तरह से पौष्टिक हो रेडक्रॅस मुहैया करवा रही है। इसके अलावा मरीजों को कहत्व भी उपलब्ध करावा जा रहा है। वहीं रेडक्रॉस की मदद के लिए कुछ समाज सेवक भी आगे आ के हैं और एक ऑकड़ों के हिसाब सं अब-तक जिला में रेडक्रॉस का वह समाज संवक लगभग 14 लाख अनुदान दे चुके हैं जिससे स सही दंग से काम चला

तोगों को सैनिटाइजर और मास्क करवाए जा रहे मुहैया

यह ती रहे आहार की बाद इसके या भी रेजवालि संस्था जनस्त्रास्ट लोगों को मास्क व सैनिटाइजर मुहैया करवा रही है ताकि लोगों को समस्वा न हो । सचिव नरेश गुप्ता ने बताया कि उन्होंने इस दौरान कुछ स्क्यंसेवी संस्थाओं से संपर्क कि या है जिनसे मास्क तैयार करवाए जा खे हैं और जरूरतमंद लोगों को महैवा कराए जा रहे हैं। उन्होंने बताया कि जिला में 20 एनजीओ व 30 से वालीस समाज सेवी संस्थाए रेडकॉस का साथ दे रही

वर्ल्ड रेडकॉस-डे

हैं जिनके वॉलंटियर्स को भी रेडक्रॉस डिमांड के हिसाब से सैनिटाइजर व 15मांड के हसाब स साग्राज्य र मॉस्क मुहेया करवा रहे हैं उन्होंने बताया कि रेडकॉस के लगभग सी वॉलटियर्स इस दौरान बढ़ कर रहे हैं जो आम लोगों की समस्वाओं का निवारण करने में दिन रात-एक कर नहे हैं। उन्होंने कहा कि रेडकॉस पोष्टिक आहार दे रही है।

रेडकॉस की सांझी रसोड़ं बनी मिसाल, मिलवा है बरपेट खाना

सचिव नरेश गुप्ता

a SERVI

सचिव नरेका गप्ता ने बताया कि रेडकॉन जेन्सकी हमें अगसर है। कोरोना जंग के अलावा सीसायटी गरीवी बच्चों की फीसें, उन्हें खाने, झुग्गी ओपडियां में रहने वाले लोगी को रहत सामग्री, जरूरतमद

लोगों का इलाज करवा रही है। वहीं रेड,क्रांस किडनी के कुछ मरीजों के उच्चार में भी बोमदान दे रही है। यही नहीं इनके असावा गरीब बल्चियों को अपने पेरों पर खड़ा करने के लिए कई तस्ह के कोर्स करवाए जा रहे हैं। इसके अलाव रेडकार की साझी रसोई इसकी जिदा मिसाल है। साझी रसोई में प्रत्येक जरूरतमंद्र को 10 रुपये में पेटबर खाना खिलाय

जाता है। सचिव रेडकॉस नरेश गुप्ता ने कहा कि रेडकॉस का संकला ही जनकल्याण है और यह लगातार जारी रहेगा। सकट में भी।

आनंदपुर साहिब में होला मोहल्ला के लिए फर्स्ट एड पोस्ट को डी.सी. अपनीत रियात ने किया रवाना

होशियारपुर, 7 मार्च (जैन): होला मोहल्ला के अवसर पर आनंदपुर साहिब में फर्स्ट एड की सेवाएं प्रदान करने के लिए जिला रैडक्रॉस सोसायटी द्वारा तैयार की गई एम्ब्रुलैंस वैन को डी.सी.-कम-चेयरपर्सन अपनीत रियात नेहरी झंडी दिखाकर स्वान किया। इस मौके पर जिला रैडक्रॉस सचिव नरेश गुप्ता भी मौजूद थे। यह फर्स्ट एड टीम 10 मार्च तक

आनंदपुर साहिब में अपनी सेवाएं प्रदान करेगी।

जिला रैंडक्रॉस सचिव नरेश गुप्ता ने बताया कि डी.सी. के दिशा निर्देशों पर आनंदपुर साहिब में देश-विदेश से आने वाली संगत की सेवा में यह टीम सेवारत रहेगी। 6 सदस्यीय माहिरों की फर्स्ट एड टीम में संतोख सिंह कंपनी कमांडैंट होमगार्ड, प्रि. दर्शन सिंह, बलबीर सिंह लेब टैक्नीशियन



डी.सी. अपनीत रियात आनंदपुर साहिब के लिए फर्स्ट एड एम्बुलैंस को हरी झंडी दिखाकर रवाना करते, साथ हैं जिला रैंडकॉस सचिव नरेश गुप्ता व स्टाफ के अन्य सदस्य।

सरकारी हाई स्कूल जाजा, अध्यापक मंजीत सिंह सरकारी हाई स्कूल बिजो, अध्यापक सोहन सिंह सरकारी हाई स्कूल बैंस अवान आदि शामिल हैं। यह टीम श्रद्धालओं को फर्स्ट एड देने के साथ-साथ आवश्यक दवाइयां भी प्रदान करेगी। इस मौके पर रैडकॉस स्टाफ के सदस्य जोगिन्द्र कौर. सर्वजीत, रणवीर सिंह व सुनीता शर्मा भी मौजूद थे।

ਰਾਜਪਾਲ ਨੇ ਹੁਸ਼ਿਆਰਪੁਰ ਦੀ ਰੈੱਡ ਕਰਾਸ ਸੁਸਾਇਟੀ ਨੂੰ 'ਐਵਾਰਡ ਆਫ਼ ਐਕਸੀਲੈਂਸ' ਨਾਲ ਨਿਵਾਜਿਆ



ितरहा दिया भार बात्री किर थे। पूरा चीनाना कि जाती विचित्राज्ञीय से प्राप्त करी पूर्वी केने पूर्वी किराब महत्वाची महत्वा सेना करते हो। अपूर्वित यह महत्वाची किराबित किराबित की उठ उपार हुएंड में सबत कि होता से तक बेट यह, जानी केन्द्रा परिवाद किराबित अपरिचार की किराबित के किराबित की किराबित की किराबित की किराबित की सामित की निवाद की स्वीवित की सिवादित की सिवादित की

कोरोना से लड़ने के लिए सैनी परिवार ने रैडक्रॉस को दिया २० हजार का अनुदान



रैंडक्रॉस सोसायटी को सहयोग करने वाले सैनी परिवार के सदस्य।

होशियारपुर, 28 मार्च (जैन): जिला प्रशासन द्वारा समाज के जरूरतमंद वर्ग के सहायतार्थ कोरोना वायरस के दुष्टिगत किए जा रहे सेवा कार्यों के लिए शहर के सैनी परिवार ने जिला रैंडक्रॉस सोसायटी को 20 हजार रुपए का अनुदान दिया है। निर्मल सिंह सैनी, शकुंतला देवी, चंद्र प्रकाश सैनी, सपना सूद, खुशबू व मोक्ष ने उक्त धन राशि जिला रैडक्रॉस सचिव नरेश गुप्ता को भेंट की। गुप्ता ने बताया कि डी.सी.-कम-चेयरपर्सन अपनीत रियात के योग्य मार्गदर्शन में सोसायटी द्वारा कर्फ्यू के दौरान गरीब परिवारों को उपलब्ध करवाई जा रही सहायता में यह धन राशि इस्तेमाल की जाएगी। उन्होंने सहयोग के लिए सैनी परिवार का आभार व्यक्त किया।

जिला रैडक्रॉस सोसायटी को सहकार भारती ने सौंपे राशन के 50 पैकेट

होशियारपर, 31 मार्च (जैन): जिला में संकट की इस घड़ी में समाज के जरूरतमंद वर्ग के सहायतार्थ जुटी जिला रैडक्रॉस सोसायटी के लिए सहकार भारती ने राशन के 50 पैकेट आज सोसायटी के सचिव नरेश गुप्ता को भेंट किए। संस्था के प्रमुख सदस्यों अनिल सुद, विनय सुद, चेतन सुद, मनीष कपुर, रवि शर्मा व नवीन मरवाहा ने रैडक्रॉस सोसायटी द्वारा डी.सी.-कम-चेयरपर्सन अपनीत रियात के योग्य मार्गदर्शन में किए जा रहे सेवाकार्यों की सराहना की। उन्होंने कहा कि हम सब का फर्ज बन जाता है कि वर्तमान परिस्थितियों के दुष्टिगत सेवा के इस कार्य में



जिला रैडक्रॉस कार्यालय में राशन के पैकेट उपलब्ध करवाते सहकार भारती के अनिल सद, विनय सद, चेतन सुद, मनीष कपूर, रवि शर्मा व नवीन मरवाहा।

ज्यादा से ज्यादा योगदान डालें। जिला रैडक्रॉस सचिव नरेश गप्ता ने सहयोग के लिए सहकार भारती के युवाओं का आभार व्यक्त किया।