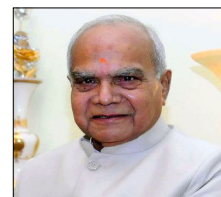




## PUNJAB STATE RED CROSS

E-Bulletin No

Date: 01.Feb.2023 to 28.Feb.2023



### PUNJAB RED CROSS STATE BRANCH LAY LECTURER CAMP



Indian Red Cross Society, Punjab State Branch, Chandigarh organised a First Aid & Home Nursing Lecturer Refresher Training Camp from 20. Feb.2023 to 24.Feb.2023 at Northern Railway Guide & Scout Training Centre, Jabli, District Solan (Himachal Pradesh). The camp was inaugurated by S.Shivdular Singh Dhillon, Secretary, Punjab State Red Cross. In this camp, an extensive training in First Aid and Home Nursing was imparted to the 43 candidates by the experts namely Sh. H.S. Kareer, lecturer, District Red Cross Branch, Patiala, having experience of 30 years, Sh. Naresh Pathania, District Training Supervisor, Bathinda cum Master Trainer, Ms. Nivedita Sharma( expert Home Nursing). We hope that this camp will be helpful for the trainers to learn about new additions in skill.



## Activities of Punjab Red Cross District Branches



First Aid Post established by St. John Ambulance, Patiala at Sheesh mehal on the eve of Sharash & Craft Mela .



Glimpses of the Awareness Lecture on First Aid by the Punjab Red Cross Gurdaspur and Bathinda Branch.

## Punjab Red Cross Tuberculosis Project



### Tuberculosis Awareness Drive

An awareness drive was conducted by volunteers at different localities to raise public awareness about the devastating health, social and economic consequences of TB, and to step up efforts to end this global TB epidemic. The Punjab Red Cross support the patients undergoing treatment and is cognisant for better treatment and management .To support them, dry food material kits were distributed among the patients, door to door health check-up was also done.



## Activities of Punjab Red Cross Drug-Deaddiction Centres



### Awareness Campaigns Conducted by IRCA Gurdaspur

In order to Aware the students about drug abuse and to strengthen Nasha Mukat Bharat Abhiyan, many awareness seminars have been organised by team IRCA Gurdaspur at different places during the month of February. The team elaborated about ill effects of drugs, harmful diseases due to worst use of these drugs etc. They also aware the students about their role in society to eradicate this problem.



### Awareness Campaigns Conducted by IRCA Nawasheher

To create awareness on drug abuse, many awareness seminars have been organised by team IRCA Nawasheher at different places during the month of February. The officials of the program conduct these campaigns in Schools, Colleges, local streets and through these campaigns they train the individuals about prevention of drug abuse and elaborate rehabilitation methods to get rid of this problem.



## Punjab Red Cross Blood Donation Camps



### Punjab state Red Cross Organised Various Blood Donation Camps

There is a constant need for a regular supply of blood because it can be stored only for a limited period of time before use. Regular blood donation by a sufficient number of healthy people is needed to ensure that blood will always be available whenever and wherever it is needed. With this motto, Punjab state Red cross organised various bloods donation camps in the month of February. A special blood donation camp was organised during the “Rose Festival” in the premises of Punjab State Red Cross, Sec-16 Chandigarh. During this camp, various tourist who visited Rose Festival came forward and donated the blood voluntarily. As many as total



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