



PUNJAB STATE RED CROSS

Date: 01.March.2023 to 31.March.2023



PUNJAB STATE RED CROSS ORGANISED YOUTH RED CROSS CAMP



The Punjab State Red Cross Branch organised State Level Youth Red Cross Camp from 27-31 March, 2023 at Chandigarh University,

The Punjab State Red Cross Branch organised State Level Youth Red Cross Camp from 27-31 March, 2023 at Chandigarh University, Gharuan, District Mohali. 92 Students (Boys & Girls) along with Teacher / Counsellors and Youth Red Cross volunteers from the Universities / Colleges of various Districts participated in the Camp. During the Camp, Training on First Aid and Fire Safety was imparted by the expert. Apart from this, lectures on food safety and hygiene, Art of living and Millets were also delivered by the Resource Persons. Visit to Kalpana Chawla Space Centre developed by the Chandigarh University was also arranged. Competitions viz. On the spot painting, Poem Recitation, Group Song, Group Dance, Folk Song and Written Quiz were held during the Camp and winners were awarded accordingly. The closing ceremony of the Camp was held on 31st March, 2023. S. Shivdular Singh Dhillon, IAS, Secretary-cum-Chief Executive of Punjab State Red Cross Branch was the Chief Guest on the occasion.



Activities of Punjab State Red Cross District Branches



The Punjab State Red Cross has regularly been monitoring and supervising by its four Integrated Rehabilitation Centres for Addiction (IRCA's in the State. These Centres are located at Patiala, Khanpur, Nawanshahar, and Gurdaspur). Set up with the basic aim of mainstreaming the people who have fallen victim of intoxication under different circumstances, the Punjab State Red Cross has been initiating its best efforts to fetter the spread of the drug abuse through these centres. The Punjab State Red Cross Drug De-addiction Centres have vigorously generated public awareness on health and measures for staying healthy by abstaining from intake of intoxications. Our centres have provided a conducive atmosphere for recovery of the patients from addiction along with facilities for formal education to young adults.

FIRST AID POSTS ESTABLISHED BY PUNJAB STATE RED-CROSS In HOLA MOHALLA, AT SHRI ANANDPUR SAHIB



18 FIRST AID POSTS ESTABLISHED BY PUNJAB STATE RED-CROSS In HOLA MOHALLA, AT SHRI ANANDPUR SAHIB

The Punjab State Red Cross Branch in collaboration with St John Brigade New Delhi and district Red Cross branches of Punjab State established FIRST AID POSTS during the Hoola Mohalla Festival at Sri Anandpur Sahib. In these posts, services like MEDICAL CHECKUP, FIRST AID, and MEDICINES were offered to the visiting pilgrim's.

Punjab State Red Cross First Aid Training



Punjab State Red Cross Imparted Training to 501 individuals in the month of March

Accidents are unpredictable. There are chances to have Injuries, trauma and illness . So, it is better to know some basic principles of First Aid training , and it helps to reduce the risk of emergency. The basic principle of First Aid is prevention. Prevention is better than cure, proper preventive methods accelerate hope and reduce anxiety of patients. Training of First Aid advances the sense of safety and well being of people, and increases safety. The Punjab State Red Cross, Chandigarh as well as its District Red Cross Branches impart First Aid Training. Such First Aid Trainings are conducted at School, Universities, factories, Corporate offices etc.

FIRST AID TRAINING IMPARTED TO 1100 PUNJAB POLICE EMPLOYEES

Master Trainer First Aid Mr. Naresh Pathania, District Branch Bathinda Imparted Basic First Aid Training to 1100 Punjab Police trainees of all ranks at Punjab Police Academy, Phillaur so that the police can provide timely assistance to the accident victims.



Punjab State Red Cross Tuberculosis Project



Door to door Health Checkup Survey of Tuberculosis Patients Done By the Team of Volunteers



Glimpses of various awareness camps organized by Panjab State Red Cross and its District branches to create awareness among the individuals on Tuberculosis, its spread, and prevention. These camps are piloted by the team of volunteers. Along with this, medical checkup camps, distribution of ration kits, and door to door checkup is also done.
