

INDIAN RED CROSS SOCIETY PUNJAB STATE BRANCH FLOOD RELIEF



<u>Hon'ble Governor Punjab cum President Punjab State Red</u> <u>Cross Flagged off Relief Material</u>

Hon'ble Governor of Punjab cum President of Punjab State Red Cross Sh. Banwarilal Purohit flagged off three vehicles carrying relief material for disaster-hit people in Punjab. The relief material, which includes hygiene kits, tarpaulin, kitchen sets, blankets, etc was distributed to families affected by the natural calamity. The State Red Cross Society is making every possible effort to provide relief to the affected families. So far, 8 vehicles with relief material had been sent to different districts. The Governor urged the people of the state to voluntarily contribute to help those in distress.

PUNJAB RED CROSS STATE BRANCH BLOOD DONATION CAMPS





Indian Red Cross Society, Punjab State Branch Organised Blood Donation Camp

On 31.Aug.2023 Punjab State Red Cross organised a blood donation camp. The camp took place in the premises of Punjab State Red Cross at Sh. Swami Vivekanand Hall. Sh. Kamal Kishor Yadav, IAS, Secretary Education inaugurated the camp. Many volunteers participated in this camp for blood donation. To watch over the entire process and to collect the blood, a team of doctors from PGI were put in charge. The blood units collected from this camp were sent to Blood Bank PGI. In Total 60 blood units were collected.

PUNJAB RED CROSS STATE BRANCH CELEBRATION OF ORGAN DONATION DAY



Indian Red Cross Society, Punjab State Branch Celebrated World Organ Donation Day

Every year, the World Organ Donation Day is celebrated on 13th August to sensitise people of the need to donate organs and save lives. This day is a wonderful chance for everyone to make a decision to donate their priceless organs. In order to raise awareness among young population, Punjab Red Cross State branch celebrated this day with School going children. On this occasion the expert spoke about the significance of organ donation. Also, the Secretary Punjab State Red Cross S. Shiv Dular Singh Dhillon IAS (retd) enlightened the minds by highlighting the importance of organ donation, noting that it provides a lifeline to people facing terminal illnesses — enabling them to regain health and rebuild their futures. Over 50 students said Yes to #*GIFTALIFEAFTERLIFE#*

INDIAN RED CROSS SOCIETY ACTIVITIES OF DRUG-DEADDICTION CENTRES

Indian Red Cross Society, Punjab State Drug-deaddiction Centre Patiala Celebrated Rakhi Festival



A meaningful gesture of care and support shown by the nursing college students by tying the hand made Rakhis(thread) on wrist of individuals admitted in Drug-de addiction Rehabilitation Centre, Saket Hospita Patiala. All these rakhis were made on the theme of Nasha Mukt Bharat. In this event, the Hon'ble Health Minister of Punjab Dr. Balbir Singh was accompanied by Deputy Commissioner Patiala and Civil Surgeon Patiala. Hon'ble Health Minister addressed the inmates at drug-deaddiction centre, Saket Hospital Patiala and appreciated the efforts of the team Patiala.

WELFARE ACTIVITIES ON INDEPENDENCE DAY



INDIAN RED CROSS SOCIETY ACTIVITIES OF DRUG-DEADDICTION CENTRES

Indian Red Cross Society, Punjab State Drug-De-addiction & Rehab Centre Gurdaspur organised Recreational Activity



Indian Red Cross Society, Punjab State Flood Relief

The Red Cross Integrated and Rehabilitation Centre for Addicts Gurdaspur came to the rescue to help the badly flood affected people residing over there by handing over 200 ration kits and equal number of cooked food packets for the para military forces working even in odd hours over there. Due to havoc created with floods and breach of Dhussi band near village Jagatpur Kalan these people were facing starvation like situation. The team Red Cross has always focused on serving the suffering humanity.

#THROUGHHUMANITYTOPEACE#



Indian Red Cross Society, Punjab State organised Mega Blood Donation Camp

One needs to remember that every donation counts and it is an act of charity. One blood donation can save the lives of 3 people at a time. Keeping this in view, a blood donation camp in big Sarai at Qadian where more than one hundred blood units were collected.

INDIAN RED CROSS SOCIETY ACTIVITIES OF DRUG-DEADDICTION CENTRES



INDIAN RED CROSS SOCIETY, PUNJAB DIST. GURDASPUR ORGANISED EYE <u>CHECKUP CAMP</u>

In view of the wide spread cases of Conjunctivitis(Eye Flu): A Red Cross initiative in Punjab. As an endeavour to bring about awareness about eye-health amongst students, an Eye Check-up Camp was organized by Gurdaspur at Preliminary School. The doctors examined the eyes of the students and gave valuable feedback and suggestions for further line of action. The event was a fruitful one as many students benefited from the eye check-up. The team of Doctors distributed antibiotic eye drops and pain killer tablets that could help in the treatment of bacterial conjunctivitis. Before distribution they were apprised about the common symptoms of eye flu. Besides 55 children studying in the centre, their families were also provided with antibiotic eye drops.



NASHA MUKT ABHIYAN: AN AWARENESS CAMP HELD INDIAN RED CROSS SOCIETY, PUNJAB STATE

On 7th August 2023, An awareness seminar was organized by INDIAN RED CROSS SOCIETY, REHABILITATION CENTRE FOR ADDICTS, GURDASPUR at Employment exchange office functioning at District Complex Gurdaspur under the mission NASHA MUKT ABHIYAN. In this seminar, the attendees were made aware about serious public health problem related to drug abuse and also exhorted them to be brand ambassadors of the 'Nasha Mukt Bharat Abhiyan' by spreading awareness on drug addiction in their vicinity. The audience assured that they will make all out efforts at their level to spread the message against the addiction amongst the public. The idea is to encourage them to talk about drug abuse and dispel all myths.

INDIAN RED CROSS SOCIETY ACTIVITIES OF DRUG-DEADDICTION CENTRE PATIALA



CELEBRATION OF INDEPENDENCE DAY

On 15th August,2023 Indian Red Cross Society, Punjab State Drug-deaddiction Centre Celebrated an Independence Day and theme of this year is **Nation First**, **Always First**. On this day the whole staff from Saket hospital saluted all the freedom fighters as they went through countless sufferings to give us our freedom. In this event, the IPD patients who are under rehabilitation process also took active participation in the celebration.

INDIAN RED CROSS SOCIETY ACTIVITIES OF DRUG-DEADDICTION CENTRE NAWASHEHER



INDIAN RED CROSS SOCIETY ACTIVITIES OF DRUG-DEADDICTION CENTRES



NASHA MUKT ABHIYAN: AN AWARENESS CAMP HELD INDIAN RED CROSS SOCIETY, PUNJAB STATE

Red Cross Drug De-Addiction and Rehabilitation Center Nawanshahr organized an awareness camp under "Nasha Mukat Bharat Abhiyan" at Govt. High School School, Chandpur Rurki (S.B.S.Nagar). In this program, awareness lectures were delivered by the dignitaries present in the function. At last, all members took a pledge under Nasha Mukt Bharat Abhiyaan to give up drugs and walk on the right path for a bright future. Our Drug-De-addiction centres have provided a conducive atmosphere for recovery of the patients from addiction along with facilities for formal education to young.



Red Cross Drug De-Addiction and Rehabilitation Center observed 'Hiroshima and Nagasaki Day

On 6th and 9th August 1945, the United States detonated two atomic bombs over the Japanese cities of Hiroshima and Nagasaki, respectively. The aerial bombings together killed more than 2.2 lakh people, most of whom were civilians. Japan surrendered to the Allies on 15 August, six days after the bombing of Nagasaki. These two events still resonate to this day and serve as the greatest warning of the devastating effects of nuclear weapons. The risk of accidental or intentional use of nuclear weapons remains significant. No state or international organization has the capacity to address or provide the short and long term humanitarian assistance and protection needed in case of a nuclear weapon explosion. Let's remember what a nuclear bomb can do and pledge to work together to make sure no other towns suffer the same pain and devastation.

#THROUGH HUMANITY TO PEACE#

INDIAN RED CROSS SOCIETY PUNJAB STATE

Indian Red Cross Society, Punjab State Flood Relief Campaign by Hoshiarpur District



INDIAN RED CROSS RELIEF ACTIVITY FOR FLOOD AFFECTED VIL-LAGES OF HOSHIARPUR

Indian Red Cross Society, Punjab State (Hoshiarpur) came forward in the need of hour of the flood affected villages by providing much needed daily need items and eatables in village Haler & Kolian 418



Awareness Workshop on First Aid

Indian Red Cross Society, Punjab State Branch conducted an awareness Workshop on FIRST AID on 21st Aug,2023 at Rayat-Bahra School Sahuran. Dean Student Welfare and Nodal Officer, who lookafter the activities of Red Cross, Principal and teachers participated in this workshop. This workshop was conducted to acquaint the students with knowledge of Red Cross activities and First Aid. Apart from this, students were motivated to get the student training on First Aid. Sharing some glimpses.

INDIAN RED CROSS SOCIETY PUNJAB STATE

Indian Red Cross Society, Punjab State Flood Relief Campaign By Gurdaspur and Fazilka Ditstrict



MEDIA COVERAGE

Hoshiarpur Red Cross takes it upon itself to help the flood-affected

ANJU AGNIHOTRI CHABA JALANDHAR, AUGUST 22

AT A time when several social and religious organisations are coming to the rescue of the flood-affected people in the state, the Red Cross Society too has been chipping in with its mite in Hoshiarpur.

Recognising the urgency of the situation, Red Cross Hoshiarpur, under the guidance of Hoshiarpur Deputy Commissioner Komal Mittal, has taken it upon itself to provide the much-needed assistance to the flood-hit. Recently it despatched a third truck of essential items and distributed them to the people on their doorstep.

The Red Cross Society, a voluntary humanitarian organisation, has supplied relief material (loaded in mini trucks) to several affected villages, including Mehtabpur, Kollian (418), Haler, Janardan, and Bhangala. The essential relief items included hygiene kits, sanitary pads, sleeping mattresses, mosquito nets, water-proof tarpaulins, bottled drinking water, nutritious fruit packs, odour repellents, skin allergy creams, and basic medical supplies. The flood-affected people are still grappling with the aftermath of water released from Pong Dam Talwara (Hoshiarpur), compounded by the influx of sludge and mud. In Hoshiarpur district, 18 villages got affected in floods and nearly 4,000 people were shifted to safer places. Residents of Mukerian and Tanda in Hoshiarpur too bore the brunt of the floods.

Red Cross secretary Mangesh Sood was in the forefront of this social cause. He and his team have been personally delivering the essentials on every household's doorstep in the affected villages. In areas that are still grappling with waterlogging, relief items are being transported via tractor trolleys, while designated relief camps have been set up in areas where the water levels have receded. "Our aim is to ensure that no household is left without the essential supplies they need in this hour of crisis," said Sood while speaking to The Indian Express. Meanwhile, the water level

Meanwhile, the water level has started coming down from the houses in some villages, but still the roads and streets are flooded with water and there is around 4 feet of water in agricultural lands.







1 द्वारा जहां जरूरतमंदी व दिव्यांगां के मदद के लिए कई सामाजिव के कल्याणकारी योजनाएं चलाई जा ख हैं, वहीं विद्यार्थियों के लिग व्यावसायिक प्रशिक्षण केंद्र भी चला जा रहे हैं। ज्यावेरी कहा कि कर्षमान 1 गभग 200 लड़किवां रैडकॉस द्वार चालित विभिन्न व्यावसायिक ट्रयकमों में प्रशिक्षण ले रही हैं न मौके पर रैडक्रॉस सोसाइटी वे चिव मंगेश सुट, करियर काउंसल जगार कार्यालय अदल्व राणा ग एफ के सब्ल्य जीआह थे।

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Meanwhile, the water level has started coming down from the houses in some villages, but still the roads and streets are flooded with water and there is around 4 feet of water in agricultural lands.



Women residing of village Maan Kaur to get free eye check-up, surgery: Dr KD Singh



VERMA **GURDASPUR, AUG 12**

Dr KD Singh, a renowned Eye Surgeon is proving himself as Masiha for one of the worst slum area of village Maan Kaur where we have set up a preliminary education study centre where more than 55 unprivileged children are getting free education in beautiful new constructed building with ultra modern furniture. Due to climate changes there is rise in conjunctivitis cases in slum area for which to take preventive measures he checked and provided anti biotic eye drops and tablets to all children. Besides this after checking the eyes of certain women residing in this particular area he promised to perform free surgery to five women free of cost on the next coming Thursday at his hospital situated near railway

INDIAN RED CROSS SOCIETY PUNJAB STATE BRANCH 31st August 2023

at Punjab Red Cross Bhawan, Sector-16-A, Chandigarh

IN COLLABORATION WITH BLOOD BANK, PGI, CHANDIGARH

सरदार बेअंत सिंह स्टेट यूनिवर्सिटी में फलदार पौधे लगाए

BLOOD DONATION

CAMP



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नशे की लग परी करते।	SI July 233 -
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सहला न ल	के लिए 5 साल में खर्च कर डाले एक करोड़ रुपए, अब बच्चों की खातिर छोड़ेंभे नरा जाई चिटे की लाग अपनी के
तन जारा जा	क लिए 5 साल में खर्च कर डाले एक करोड़ रुपए. अब बच्चे की खरित छोड़ेने त्वा र्गाई चिटे की लत, शादी के बाद पति भी थी, अब नशा छोड़ने को सेंटर में हुए भर्ती
भग गपा स्	या, अब नशा छोडऩे को गेंस में सा भी
गाला नुन्ना गुरदालपुर राज्य सरकार के ज्या के	कहानी पति के प्रोटन किस में ने स्थान साटर में हुए मता



महिला के साथ बातचीत करते सेंटर के प्रोजेक्ट डायरेक्टर रोमेश महाजन।

रुपए से ज्वादा पैसा बर्बाद कर दिया। जिसके बाद यह सिलसिला लगाता अख यह दंपती नशा छोड़ने के लिए रहा। इस बीच साल 2018 में परिजनों ने उसे नशा करते देख लिया। तब उसकी रेडक्रास नशा छुड़ाओ सेंटर में भर्ती उसकी शादी करवा दी। उस समय वह सहेली ने उसके पति को भी नशा करने हुआ है। सेंटर के प्रोजेक्ट डायरेक्टर आर्केस्ट्रा में काम करती थी। महिला ने के लिए उकताना शुरू कर दिया। इसके रोमेश महाजन ने बताया कि अब बताया कि शादी के बाद भी उसकी नश बाद वे तीनों एक साथ अपने ही घर में दोनों की हालत में काफी सुधार हो करने की लत नहीं छूटी। उसकी सहेली हेरोइन का नशा करने लगे। महिला ने रहा है। जल्द ही दोनों स्वस्थ होकर ही उसके ससुराल घर में उसे हेरोइन देकर बताया कि वह और उसका पति रोजाना अपना जीवन सही ढंग से जी सकेंगे। जती थी। एक दिन घर में उसके पति ने

हते हैं, जिसके जलते उन्हें पैसे को को कमी नहीं थी। पति विदेश से पैसे मंगव थे, जिससे नसे को पूर्ति हो जाती थी। प भी विदेश में रहते परिजनों से पैसे मंगात हता था। महिला ने बताया कि उसके क्षता था। भारता न कात्या क उसक दिमाग के ऊसर नज्ञा इतन हावी हो गय कि उसका आर्केस्ट्रा का काल तक हुट गया। अब उनके सामने पैसे की किल्ला सामने आने लगी थी। इसके चलते उनहें धीरे-धीरे काके घर का सामन बेचन शुरू कर दिया। उसके पति ने बताया वि उन्होंने दहेव में मिले सामान के अलाव सभी गहने तक नशे के लिए बेच डाले वह मिलमिला पांच साल तक च रहा। उसका एक बेटा और एक बेटी है। बच्चे बड़े हो रहे हैं और उनकी परवरिष्

करीब आठ हजार की हेरेदन का नजा लेते थे। उसके पति के फीजन विदेश

का जिम्मा ठहीं पर है। अब देनों बच्चें के लिए नरा छोड़ने के लिए सेंटर में भरी हुए हैं। प्रोजेक्ट डायरेक्टर रोमेश महावन छोड़का आम जिंहगी में लोट जाएं।

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