









### Punjab State Red Cross Disburses Flood Relief Material of About 50 lakh to the 14 Flood Affected Districts of Punjab.

### Hon'ble Governor Punjab Cum President Punjab State Red Cross Flagged Off Relief Material

s devastating floods hit many districts of Punjab, Punjab State Red Cross arose to the occasion, and even as the first reports of the havoc unleashed by the floods trickled in, the Red Cross teams immediately swung into action.

State Red Cross Shri Banwarilal Purohit Ji, the State Red Cross giving evidence of foresight and advance planning had prepositioned critical flood relief material which was dispatched to the affected areas immediately with unparalleled efficiency and swiftness beginning from day one of the floods. This most timely providing of relief material to the district Red Cross Branches which further ensured door step delivery to the marooned people, saw flood relief measures being carried out at their efficacious best.

at the outset itself, thereby providing succour to the people rendered hominess by the floods. Convoys of relief floods material to the affected districts were flagged off by the Hon'ble Governor or himself. This gesture of our President went a long way in boosting the morale of entire disaster response team, who tirelessly worked to ameliorate the suffering of the people in the flood ravaged areas. The Punjab State Branch created a new record of sending about 50 lacs worth of relief material to 14 districts in the State.



## INDIAN RED CROSS SOCIETY PUNJAB STATE FLOOD RELIEF CAMPAIGN



























## INDIAN RED CROSS SOCIETY PUNJAB STATE FLOOD RELIEF CAMPAIGN



















## INDIAN RED CROSS SOCIETY ACTIVITIES OF DRUG-DEADDICTION CENTRES

#### **AWARENESS CAMPAIGNS AT SCHOOLS**

### Red Cross on Mission to Free Students from Drug Abuse

ith a view to keeping away from the ill-effectsof drugs, Indian Red Cross Society Punjab Drug De-addiction Centres organised various de-addiction awareness campaigns at Schools in this quarter. These campaigns are a valuable initiative to educate students about the risks of addiction and help prevent substance abuse. The campaigns are aimed to address the issue of drug abuse in the society so that the fight against the drugs could be strengthened at ground level. Through these awareness campaigns our teams are able to raise awareness about the dangers of addiction, providing information about different types of substances, and teaching coping skills to resist peer pressure. Our Drug-De-addiction centres have provided a conducive atmosphere for recovery of the patients from addiction along with facilities for formal education to young.



















## INDIAN RED CROSS SOCIETY ACTIVITIES OF DRUG-DEADDICTION CENTRES

#### INDIAN RED CROSS SOCIETY, PUNJAB STATE, DRUG-DEADDICTION CENTRE GURDASPUR AWARENESS CAMPAIGN



reating an effective awareness campaign on drug de-addiction and recovery is essential for addressing this pressing issue. Such a campaign can help



educate the public, reduce stigma, and provide resources for those struggling with addiction. An awareness camp was organised by IRCA Gurdaspur at Golden group of institutes Gurdaspur.

The team stressed upon the drug abuse, it's causes, effects and treatment process. The youngsters took keen interest and heard the lecture very attentively. They also took an oath to not touch any kind of drugs in future. A very effective seminar in the border area of Gurdaspur district.

#### **RAKHI CELEBRATION**

meaningful gesture of care and support shown by the nursing college students by tying the hand made Rakhis(thread) on wrist of individuals admitted in Drug-de addiction & Rehabilitation Centre, Saket Hospital Patiala. All these rakhis were made on the theme of Nasha Mukt Bharat. In this event, the Hon'ble Health Minister of Punjab Dr. Balbir Singh was accompanied by Deputy Commissioner Patiala and Civil Surgeon Patiala. Hon'ble Health Minister addressed the inmates at Drug-deaddiction Centre, Saket Hospital Patiala and appreciated the efforts of the team.









#### **AWARENESS SESSION**

n 7th August 2023, An awareness seminar was organized by IRCA Gurdaspur at Employment exchange office functioning at District Complex Gurdaspur under the mission "Nasha Mukt Bharat Abhiyan" In this seminar, the attendees were made aware about serious public health problem related to drug abuse and also



exhorted them to be brand ambassadors of the "Nasha Mukt Bharat Abhiyan" by spreading awareness on drug addiction in their vicinity. The audience assured that they will make all out efforts at their level to spread the message against the addiction amongst the public. The idea is to encourage them to talk about drug abuse and dispel all myths.





### **ACTIVITIES OF DRUG-DEADDICTION CENTRES**

# Compiled Quarterly Numeric Report Of Drug De-Addiction Centres (Kurali, Nawanshaher, Gurdaspur and Patiala) for The Period From 01 July, 2023 to 30th September, 2023.

S r. N o.	Name of the Centre	Period	No. of Beds of the Centr e	No. of Indoor Patient s Treate d	No. of Outdoo r patients Treated	Total Beneficiarie s	No. of Medical/ Awareness Camps	No. of Beneficiarie s in Medical/ Awareness camps
1.	Red Cross IRCA Kurali	July 2023 to Sep 2023	15	104	128	232	36	1525
2.	Red Cross IRCA S.B.S.Nagar	July 2023 to Sep 2023	15	100	390	490	30	3543
3.	Red Cross IRCA Gurdaspur	July 2023 to Sep 2023	30	244	997	1241	42	4660
4.	Red Cross IRCA Patiala	July 2023 to Sep 2023	30	247	890	1137	103	18575
	Total			695	2405	3100	211	28303



#### INDIAN RED CROSS SOCIETY GLIMPSES OF MEDICAL CAMPS





#### SOCIETY PUNJAB STATE PARTICIPATED IN SEWA PAKHWADA

In the spirit of "Seva Pakhwada," a free 'Mega Multispeciality Health Checkup Camp' held at Sec-39, Anajmandi, Chandigarh. The event was aimed to provide essential medical services to the community and promote well-being. This 'Mega Multispeciality Health Checkup Camp' was inaugurated by Hon'ble Governor of Punjab Sh. Banwarilal Purohit. In this camp, Red Cross Society Punjab established first aid post, drug-de addiction awareness post, and medical checkup post with the joint efforts of distt Patiala and Drug-de addiction Centre, Saket Hospital Patiala. During the camp free medicines were distributed.







#### Red Cross Organises Medical Camp at Border Area Ferozpur (Punjab)

ontinuing its community service activities, the Red Cross Society, Punjab organised a medical camp where villagers were examined and free medicines were given. We believe that this is the proactive approach in undertaking humanitarian assistance to the local. Total beneficiaries:700

# Indian Red Cross Society, Punjab Walks The Last Mile to Serve the Humanity

ven as floods rage in the Ravi river on the Indo-Pakistan border, in Punjab, Indian Red Cross Society, Gurdaspur district medical teams walked through flood waters right upto the people



marooned in the last villages on the Indo-Pak border and organised a free medical check up camp. In this camp free medicines were distributed to the flood affected families.





Organised Various Medical Chekup Camps

rganizing various medical checkup camps can be a valuable service to the community and can help in promoting health awareness and early



detection of medical conditions. IRCA Patiala camps on regular basis. During tests were conducted and medicines, were distributed better health. Our camps are betterment of public health. CE#

organises various medical checkup these camps, various routine medical medical advisory, as well as free among the beneficiaries for their purely dedicated to ensure the #THROUGHHUMANITYTOPEA

### Integrated Rehabilitation Centre for Addicts Gurdaspur Organised Eye Check-up Camps

his monsoon cases of conjunctivitis and otherinfection on the rise in north India. Conjunctivitis is "highly contagious" and



proper hygiene behaviour needs to be maintained to check its spread. In view of the wide spread cases of Conjunctivitis (Eye Flu) Red Cross took initiative to bring about awareness about eye-health amongst students, an eye check-up camp was organized by Gurdaspur at Preliminary School. The Doctors

examined the eyes of the students and gave valuable

feedback

and suggestions for further line of action. The event was a fruitful one as many students benefited from the eye check-up. The team of Doctors distributed antibiotic eye drops and pain killer tablets that could help in the treatment of bacterial conjunctivitis. Before distribution they were apprised about the common symptoms of eye flu. Besides 55 children getting study in the centre, their families were also provided with antibiotic eye drops.





BRIGADE OFFICERS CAMP FROM 3rd JULY 2023 to 7th JULY 2023







RCS, Punjab State Branch organized a Officers Brigade Camp from 03.07.23 to 07.07.23 at Bharat Scout & Guide Camp Site Rewalsar, distt. Mandi (H.P). Total 48 individuals from different districts of Punjab participated in this camp. The experts imparted the training on brigade formation, its fundamental duties. Also, various lectures were imparted by the experts on first aid and emergency evacuation. These brigades are typically composed of trained personnel, including responders, emergency management professionals, and volunteers, who work together to coordinate disaster response and recovery efforts.



he Secretary of Punjab State Red Cross Branch Shivdular Singh Dhillon IAS (retd) also visited the camp and addressed the participants and stressed in his address that every brigade should remain ready and active during the time of disaster and think to go beyond the limits to help the sufferers.





### Punjab State Branch Celebrated Bhayi Ghanaiya Ji Day

Indian Red Cross Society, Punjab State organized two-days Celebration programme at Khalsa College Shri Anandpur Sahb. The programme was held in the sweet memory of all-time great humanitarian and benevolent person of the Punjab State, Bhai Ghanaiya Jee. In order to inculcate the spirit of humanitarianism among youth of the state, competitions under 5 categories: poem recitation, first aid, poster making, group song, and folk song were organized. The students participated to imbibe and depict the selfless doings of Bhai Ghainaiya Jee & Red Cross Society. On this day, S. Shivdular Singh Dhillon IAS (retd.), Secretary, Punjab State Red Cross Branch addressed the students and said that "The life of Bhai Ghanaiya Ji was devoted to "Sarbat da Bhala" and he





has inspired to work selflessly for humanity and equality. He motivated the students

with his speech by saying that all the students should the thoughts of Bhai Ghanaiya Ji and should always work for the wellbeing of society, only then their all-round development is possible.



#### INDIAN RED CROSS SOCIETY **ACTIVITIES OF PUNJAB STATE BRANCH**



planted all over the State. The State

**Indian Red Cross** Society, Punjab State **Branch celebrated Van** Mahotsay





ndia is a land of festivals. Likewise, it the forests and trees. One such special Mahotsay, which is celebrated in the of the celebrations, Indian Red Cross festival under the slogan "Rukh Lagao Campaign, various saplings were Branch and its district branches

participated with full zeal by spreading the message of forest conservation and save the environment. Hope that this drive will increase the green area of the state in a significant manner.

#### Indian Red Cross Society, Punjab State Branch Celebrated World Organ Donation Day





very year, the World Organ Donation Day is celebrated on 13th August to sensitise people of the need to donate organs and save lives. In order to raise awareness among young population, Punjab Red Cross State branch celebrated this day with School going children. On this occasion the expert spoke about the significance of organ donation. Also, the Secretary Punjab State Red Cross S. Shiv Dular Singh Dhillon IAS (retd) enlightened the minds by highlighting the importance of organ donation, noting that it provides a lifeline to people facing terminal illnesses enabling them to regain health and rebuild their futures. Over 50 students said Yes to #\*GIFTALIFEAFTERLIFE#\*





## INDIAN RED CROSS SOCIETY PUNJAB STATE TUBERCULOSIS PROJECT







#### **Ration Kits Distributed to TB Patients**

Distribution of ration kits to tuberculosis (TB) patients can be an important component of TB control and treatment programs in some regions, particularly in areas where TB is prevalent and where patients face economic challenges that hinder their ability to access proper nutrition during their treatment. Ration kits typically consist of essential food items and supplies that can help TB patients maintain their nutritional status and adhere to their treatment regimen, which is crucial for successful recovery from TB. With this thought, International first aid day was celebrated in HMV College Jalandhar. On this day, ration kits were distributed to TB patients by the State Secretary, S. Shivdular Singh Dhillon IAS(retd).

## INDIAN RED CROSS SOCIETY PUNJAB STATE TUBERCULOSOS AWARENESS & CARE DRIVE









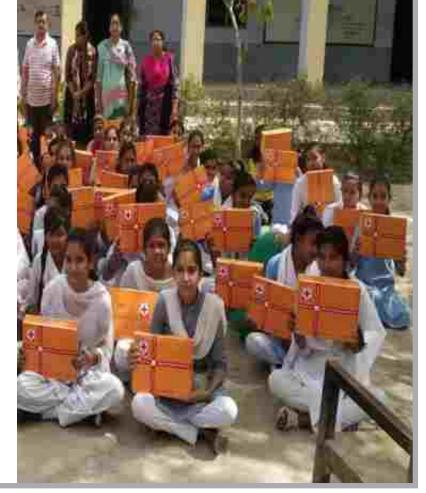


### WELFARE ACTIVITIES ON INDEPENDENCE DAY













## INDIAN RED CROSS SOCIETY PUNJAB STATE FIRST AID AWARENESS DRIVE



















No.	Date	Name of Collaborative Organization/NGOs	Place of Camp	Name of the Blood Bank	Blood Unit collecte d
1	01.07.2023	Hero Realty Pvt. Ltd, Hero Homes, Sector-88, Mohali.	Hero Homes, Sector-88, Mohali.	Blood Bank PGI, Chandigarh	32
2	01.07.2023	Vishwas Foundation Panchkula	S.B.I, Securities, Sector-35B, Chandigarh	Blood Bank GMCH Sector-32, Chandigarh	19
3	04.07.2023	NGO Shiv Kumar, Macchiwara, Ludhiana	Near Civil Hospital, Macchiwara, Ludhiana	Blood Bank, Civil Hospital, Ropar	46
4	05.07.2023	Punjab State Red Cross Society, Chandigarh	Govt. Hospital, Sector-16, Chandigarh	Blood Bank GMCH Sector-16, Chandigarh	02
5	14.07.2023	Vishwas Foundation Panchkula	Mobile Market, Sec-22, Panchkula	Blood Bank GMCH Sector-16, Chandigarh	41
6	16.07.2023	Punjab State Red Cross Society, Chandigarh	Gurdwara Sahib, Boormajra, Ropar	Blood Bank Civil Hospital, Ropar	23
7	19.07.2023	Blood Bank, P.G.I. Chandigarh	Sector-38C, Market, Chandigarh	Blood Bank PGI, Chandigarh	100
8	21.07.2023	Vishwas Foundation Panchkula	Thirty Bays Building, Panchkula Sector-17, Chandigarh	Blood Bank GMCH Sector-16, Chandigarh	30
9	28.07.2023	Vishwas Foundation Panchkula	D.L.F Eclerx Services Ltd., I.T. Park, Chandigarh	Blood Bank GMCH Sector-32, Chandigarh	80
10	30.07.2023	Youth Welfare Sports Club, Gurdwara Sahib, Vill: Vill: Banmajra, disttRopar	Gurdwara Sahib,Vill: Banmajra, distt. Ropar	Blood Bank Civil Hospital, Ropar	40
11	31.07.2023	District Youth Club Gurdwara Sahib, Vill: Coordination Committee, Ropar	Gurdwara Sahib, Vill: Hirdanpur Kheri, Distt: Ropar	Blood Bank Civil Hospital, Ropar	14
12	04.08.2023	Sher-E-Punjab Youth Welfare Club, Balachaur, Nawasnheher	Suri Hospital Balachaur, Nawasnheher	Blood Bank, Civil Hospital, Ropar	11
13	10.08.2023	Thalassaemic Charitable Trust, PGIMER, GMCH, Chandigarh	2181/1, Innova captab Ltd, Industrial area Jharmajri, Baddi, Solan(H.P)	Blood Bank PGI, Chandigarh	222
14	11.08.2023	Vishwas Foundation Panchkula	Utkarsh Small Finance Bank, SCO-378, Sec 37-D, Chandigarh	Blood Bank, Civil Hospital Phase-6, Mohali	32
15	18.08.2023	Vishwas Foundation Panchkula	Near Durga Medicose, Sector-11D, Chandigarh	Blood Bank PGI, Chandigarh	45
16	25.08.2023	Youth Welfare Club, Nathmalpur, Distt: Fatehgarh Sahib	Gurudwara Sahib, Vill: Nathmalpur, Distt: Fatehgarh Sahib	Blood Bank PGI, Chandigarh	55
17	27.08.2023	Vishwas Foundation Panchkula	Vill: Kakrali, Panchkula	Blood Bank leam, Command Hospital, Panchkula	47
18	31.08.2023	Taj Chandigarh, Sector-17 Chandigarh	Terrace Banquet Hall, Hotel Taj, Chandigah	Blood Bank team, Command Hospital, Panchkula	38
19	31.08.2023	Punjab State Red Cross Society, Chandigarh	Swami Vivekananda Hall, Punjab State Red Cross, Sector-16, Chandigarh	Blood Bank PGI, Chandigarh	60
20	03.09.2023	Nav Yuva Ekta Sangathan, Maloya, Chandigarh	Community Centre(EWS), Maloya, Chandigarh	Blood Bank GMCH Sector-32, Chandigarh	81
21.	09.09.2023	Punjab Kesri Building, Sec-25, Chandigarh	Punjab Kesri Building, Sec-25, Chandigarh	Blood Bank , Civil Hospital, Ropar	37
22	17.09.2023	Indian Red Cross Society, Punjab State Branch In collaboration with Gram Panchayat, Vill: Fatehgarh Sahib, (Mohali)	Gurduwara Sahib.Vill: Fatehgarh Sahib, (Mohali)	Blood Bank , Civil Hospital, Ropar	40
23	27.09.2023	Vishwas Foundation Panchkula	Motor Marlet. Manimaira	Blood Bank PGI.	46



## INDIAN RED CROSS SOCIETY, PUNJAB STATE BRANCH BLOOD DONATION CAMPS







n 31.Aug.2023 Punjab State Red Cross organised a blood donation camp. The camp took place in the premises of Punjab State Red Cross at Sh. Swami Vivekanand Hall. Sh. Kamal Kishor Yadav, IAS, Secretary Education inaugurated the camp. Many volunteers participated in this camp for blood donation. To watch over the entire process and to collect the blood, a team of doctors from PGI were put in charge. The blood units collected from this camp were sent to Blood Bank PGI. In Total 60 blood units were collected.















#### वैलेसेमिक चैरिटेबल ट्रस्ट ने 286वां मेगा रक्तदान शिविर लगाया



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# सक्षम पंजाब

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चंडीगढ भास्कर 29-07-2023

#### 108 कर्मिचारियों ने किया रक्तदान



steem at both the same problem आकारती में आई शहर की करते की well in time floress पंजारत म व्यवस रेडक्केंग मोराम्प्री ने मंगुका क्या से Server आईटी फोर्ड मंदिरात में verser fefox amilian feren पैलीक में 127 लोगों ने सक्तान करने ik filer direktor winnen. को स्थानम संबंधी दिक्कों भी कता से रक्तदान जाने के लिए <del>पना</del> ना दिश्य गया ब्लड बेस बीरास्टरस्य

राम्बर-१८ भारतिक की टीम ने अवसर विकार-जोश कीर की देखांखा में 100 officer can coeffer films: filerous प्रशासिका की अध्यक्ष सम्बद्ध नीतिका Finness it wasts for which it was ध्रम है कि रक्ष्यान बरने में शहर में क्रमांति असी विस्तास **Transfer** प्रतिक्ष से होना समञ्जून सुर्वात बुसार रहेन में अशाध कि हरेगों क्रार रकाठन करी से दिल की सेंद्रत थें सुवार, विशा नदे नीवर्धावी और स्ट्रांक क राष्ट्राते अपे काम काम जाता है।

### ਇੰਡੀਅਨ ਰੈਡ ਕਰਾਸ ਸਕੇਤ ਹਸਪਤਾਲ ਅਤੇ ਗਿਆਨ ਜਯੋਤੀ ਐਜੂਕੇਸਨ ਸੁਸਾਇਟੀ ਵਲੋਂ ਮੈਡੀਕਲ ਕੈਂਪ ਲਾਉਣਾ ਸਲਘਾਯੋਗ - ਬਾਬਾ ਬਲਬੀਰ ਸਿੰਘ



र्यमेजन २४ सम्बर्ध ग्रंगम विल



ਅੱਜ ਪਿੰਗਲਾ ਆਸਰਮ ਸਨੌਰ ਰੋਢ ਤੇ ਮੁਵਤ ਮੇਡੀਕਲ ਕੈੱਪ ਖਰਮਿਦਰ ਮਨਚੰਦਾ ਵਾਇਰਕਟਰ ਸਕਤ ਹਸਪਤਾਲ ਅਤੇ ਉਪਕਾਰ ਸਿੰਘ ਪ੍ਰਧਾਨ ਰਿਆਨ ਜਯੋਗੀ ਐਜ਼ਕਸਨ ਸੁਸਾਇਟੀ ਦੀ ਅਗਵਾਈ ਵਿਚ ਲਾਇਆ ਗਿਆ, ਜਿਸ ਵਿਚ ਡਾ ਰਜੇਸ਼ ਚੋਖੜਾ ਅਖਾ ਦੇ ਮਾਹਿਰ ਤੇ ਡਾ ਸੰਦੀਪ ਸਿੰਘ ਮਨਦੀਪ ਸਿੰਘ ਅਮਰਜੀਤ ਕਰ, ਰਣਜੀਤ ਕਰ ਤਾਂ ਚਾਰੂ ਗਤਮ, ਅਜੀਤ ਸਿੰਘ ਅਰਸਦੀਪ ਸਿੰਘ ਨਰਿੰਦਰ ਕੁਮਾਰ ਰਮੇਸ਼ ਧਿਮਾਨ, ਮਨਜੀਤ ਕਰ ਸੋਸਲ ਵਰਕਰ ਵੀ ਸੇਵਾ ਕਰ ਰਹੇ ਸਨ। ਮਨਚੇਦਾ ਨੇ ਦਸ਼ਿਆ ਇਸ ਇਲਾਕੇ

ਵਿਚ ਜਿਆਦਾ ਤੌਰ ਤੋਂ ਭਗੀਆ -ਉਪਤੀਆ ਵਿਚ ਰਹਿਣ ਵਾਲੇ ਹਨ ਘਾਣੀ ਕਰਕੇ ਚਮੜੀ ਦੇ ਰੋਗ ਗੰਗ. ਬੁਖਾਰ,ਖਾਸੀ ,ਦਸਤ ਦੇ ਮਗੇਜ ਆਦਿ ਨੇ ਦਵਾਇਆ ਮੁਕਤ ਦਿਤੀਆ ਉਪਕਾਰ ਸਿੰਘ ਵੱਲੋਂ 400 ਸੋਨੇਟਰੀ ਪੇਂਡ ਵੀ ਵੇਡ ਗਏ।ਦਵਾਈਆਂ ਜੋ ਜੋ ਵਾਲਮਾ ਵਲੋਂ ਮੁਵਤ ਵੇਲਿਆਂ ਗਈਆ। ਪਨੀਜ਼ ਗਰਗ ਸੋਸਲ ਵਰਕਰ ਸਟੇਟ ਅਵਾਰਡੀਨੇ ਅਪੀਲ ਕੀਰੀ ।ਪਾਣੀ ਉਸਾਨ ਕੇ ਪੀਣਾ, ਹੱਥ ਸਾਬ ਸਬਰੇ ਰੱਖ ਜ਼ਾਬਾ ਬਲਬੀਟ ਸਿੰਘ ਸੇਚਾਲਣ ਜੀ ਨੂੰ ਭਾਕਟਰਾ ਨੂੰ ਸਰੱਪੇ ਪਾਏ ਤੇ ਸਭੇਤ ਹਸਪਤਾਨ ਤੇ ਗਿਆਨ ਜਾਸਤੀ ਐਜ਼ਕੇਸ਼ਨ ਸੁਸਾਇਣੀ ਦਾ ਮੋਡੀਕਲ ਹੈੱਪ ਲਾਉਣ ਤੇ ਧੰਨਵਾਦ ਕੀਤਾ।

## ਰੇੱਡ ਕਰਾਸ ਨਸ਼ਾ ਛੁਡਾਉ ਕੇਂਦਰ ਗੁਰਦਾਸਪੁਰ ਸੂਬੇ ਦੇ ਸਰਵੋਤਮ ਕੇਂਦਰਾਂ 'ਚੋਂ ਇੱਕ : ਡੀਸੀ

ਆਵਾਸ਼, ਗਰਦਾਸਪਰ

ਭਿਪਟੀ ਕਮਿਸ਼ਨਰ ਡਾ. ਹਿਮਾਜ਼ ਅਗਰਵਾਲ ਨੂੰ ਰੈਂਡ ਕਵਾਸ ਨਵਾਂ ਛਡਾਉ ਕੇਂਦਰ ਗੁਰਦਾਸਪੁਰ ਦਾ ਦੌਰਾ ਕੀਤਾ , ਉਨ੍ਹਾਂ ਕੇਂਦਰ ਵਿੱਚ ਦਾਖਲ ਮਜ਼ੀਜ਼ਾ ਨਾਲ ਦੀ ਗਲਵਾਤ ਕੀਤੀ। ਡੀਸੀ ਡਾ. ਹਿਮਾਂਸ਼ ਅਰਗਵਾਲ ਤੋਂ ਕਿਹਾ ਕਿ ਉਨ੍ਹਾਂ ਨੇ ਨਿਰੀਪਣ ਦੇ ਉਦੇਸ਼ ਲਈ ਰਾਜ ਭਰੇ ਦੇ ਬਹੁਤ ਸਾਰੇ ਨਸ਼ਾ ਛੜਾਉ ਕੇਂਦਰਾ ਦਾ

ਦੇਰਾ ਕੀਤਾ ਹੈ, ਪਰ ਇਹ ਯਕੀਨੀ ਤੇਰ 'ਤੇ ਸਭ ਤੋਂ ਵਧੀਆ ਹੈ ਕਿਉਂਕਿ ਦੇਹ ਦੇਖ ਜਜਦੇ ਹਨ ਜਿ ਸਟਾਫ ਹਰ ਮਹੀਜ਼ ਦੀ ਚੰਗੇ ਤਰੀਕੇ ਨਾਲ ਦੇਖ ਭਾਲ ਕਰਦਾ ਹੈ। ਉਨ੍ਹਾਂ ਨਜ਼ਾਂ ਛੱਡਣ ਆਏ ਮਰੀਜ਼ਾਂ ਨੂੰ ਕਿਹਾ ਕਿ ਉਹ ਆਪਣੀ ਲੱਗਗੀ ਵਿੱਚ ਕਦੇ ਵੀ ਨਦਾ ਨਾ ਕਰਨ ਅਤੇ ਚੰਗਾ ਜੀਵਨ ਬਤੀਤ ਕਰਨ। ਪ੍ਰਾਜੈਕਟ ਡਾਇਰੈਕਟਰ 8ਮੇਸ਼ ਮਹਾਜਨ ਨੇ ਕਿਹਾ ਕਿ ਉਨਾ ਦੀਆਂ ਇੰਪਣੀ ਬਿਦਿਸ਼ਾਸਕ ਹੈ ਅਤੇ

ਯਕੀਨੀ ਤੋਂ। 'ਤੇ ਕੇਂਦਰ ਵਿੱਚ ਕੰਮ ਕਰ ਗੰ ਸਟਵ ਦਾ ਮਨੋਬਲ ਵਧਾਉਂਦੀ ਹੈ ਜੋ ਆਪਣੀ ਜ਼ਿਉਟੀ ਨੂੰ ਮੂਜ਼ੀ ਜਗਨ ਅਤੇ ਇਮਾਨਵਾਰੀ ਨਾਲ ਨਿਭਾਅ ਕਰੋ ਹਨ। ਹੁਣ ਤੱਕ ਸਰਵਾਨ ਇਨਫੋਰ ਅਤੇ ਜ਼ਰਹਮ ਆਉਟਤੇਰ ਨਜ਼ਾ ਗੁਸਤ ਆਪਣਾ ਕਿਸਾਜ ਕਰਵਾ ਕੇ ਚੰਗੀ ਜ਼ੁੰਦਿਗੀ ਸ਼ਤੀਤ ਕਰ ਨਹੇ ਹਨ। ਜਿਹੜੇ ਨੌਜਵਾਨ ਨਵੇਂ ਦੀ ਸ਼ਤ ਦਾ ਸ਼ਹਿਰ ਹੋ ਵੱਕੇ ਹਨ, ਉਹ ਕੇਂਦਰ ਵਿੱਚ ਅਾ ਕੇ ਮੁਛਤ ਇਲਾਜ਼ ਕਰਵਾ ਸਕਦੇ ਹਨ।



ਵੇਂਡ ਕਰਾਸ ਨਜ਼ਾ ਭੜਾਉ ਕੇਂਦਰ ਵਿੱਚ ਦਾਖਲ ਮਹੀਦਾ ਦੇ ਨਾਲ ਗੱਲਬਾਤ ਕਰਦੇ ਹੋਏ ਡਿਪਟੀ ਕਮਿਸ਼ਨਤ ਤਾਂ, ਹਿਮਾਂਲ ਅਗਤਵਾਲ।



#### Hoshiarpur Red Cross takes it upon itself to help the flood-affected

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#### हारण बळा राहे रॉनरफो र अंते अप्रीर बच्छ कि उनोड किस्तान विव स्ति



#### ਰਜਾਨਾ ਸਪਕਸਮਨ

### ਆਪਣੀ ਮਿੱਟੀ

ਹਰੇਕ ਨਸ਼ਾ, ਬਰਬਾਦੀ ਦਾ ਸਨੇਹਾ ਹੈ – ਸੀ ਚਮਨ ਸਿੰਘ



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#### ਹਸਪਤਾਲ ਵਿਖੇ ਖੁਨਦਾਨ ਕੌਂਪ ਲਾਇਆ

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ਪਕਨੀ ਨੂੰ ਨਵੇਂ 'ਚੋਂ ਕੇਂਚਣ ਦੀ ਬੋੜਿਕ 'ਚ ਮੂਦ ਹੋ ਜ਼ਿਆ ਨਜ਼ੇ ਦਾ ਜ਼ਿਕਾਰ

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